



MÉDERI
NUTRICIÓN INTEGRATIVA
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L-TIROSINA MÉDERI



Description: Food supplement based on L-Tyrosine, iron, zinc and selenium.

Directions for use / recommended dose: Take one (1) or two (2) capsules daily, with half a glass of water (125 mL), preferably outside of meals, or as recommended by a healthcare practitioner.

Presentation: Bottle of 60 vegetable capsules of 700 mg.

Composition: L-Tyrosine, capsule: coating agent (hydroxypropyl methylcellulose), bulking agent (microcrystalline cellulose), Ferrochel® (ferrous bisglycinate, acidifier (citric acid), maltodextrin, anti-caking agent (silicon dioxide)), zinc citrate, anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium salts of fatty acids) and sodium selenite.

Storage conditions: Keep the container in a cool, dry place.





Ingredients:

Ingredients	2 capsules	%NRV*
L-Tyrosine	1,000 mg	
Iron	6 mg	42.86%
Zinc	6 mg	60.00%
Selenium	20 µg	36.36%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and possible applications:

Iron contributes to normal red blood cell and hemoglobin formation, normal cognitive function, normal energy metabolism, normal oxygen transport in the body, normal functioning of the immune system, normal cell division and helps to reduce tiredness and fatigue.

Zinc contributes to the normal functioning of the immune system, to the protection of cells against oxidative damage, to the process of cell division, to normal cognitive function, to the maintenance of normal bones, nails and skin, to normal macronutrient metabolism and to normal protein synthesis.

Selenium contributes to the normal functioning of the immune system, to the maintenance of normal hair and nails, to normal thyroid function and to the protection of cells against oxidative damage.