



MÉDERI
NUTRICIÓN INTEGRATIVA
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PROSTAMEDER®



Description: Food supplement based on plant extracts, lycopene, vitamins and minerals.

Directions for use / Recommended daily dose: Take two (2) or three (3) tablets a day with half a glass of water (125 mL), preferably outside of meals, or as recommended by a professional.

Presentation: Bottles of 60 and 120 tablets of 1,315 mg

Composition: Bulking agent (microcrystalline cellulose), dry extract of nettle leaves (*Urtica dioica*, 1% silica), dry extract of aerial parts of *Epilobium parviflorum*, dry extract of pumpkin seeds EFLA® 940 (*Curcubita pepo* L.), dry extract of Saw Palmetto berry (*Serenoa repens*, 45% fatty acids), dry extract of Pomanox® Pomegranate fruit P30 (*Punica granatum* L., 30% punicalagins), dry extract of *Pygeum africanum* bark, lycopene 10% (modified starch, lycopene, water and DL- α -tocopherol), bulking agent (dicalcium phosphate), zinc citrate, coating: Aquapolish® F Clear 099. 28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), dry fruit extract of black pepper (*Piper nigrum*, 95% piperine), cholecalciferol (vitamin D), anti-caking agents (magnesium stearate and AEROSIL® 200 F (silicon dioxide)), pyridoxine hydrochloride (vitamin B6), copper citrate and sodium selenite.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	3 tablets	% NRV*
Dry extract of Nettle leaves	900.0 mg	
- Of which: Silicon	9.0 mg	
Dry extract of aerial parts of <i>Epilobium parviflorum</i>	300.0 mg	
Dry extract of Pumpkin seeds EFLA® 940	300.0 mg	
Dry extract of Saw Palmetto berry	300.0 mg	
- Of which: Fatty acids	135.0 mg	
Dry extract of pomegranate fruit Pomanox® P30	300.0 mg	
- Of which: Punicalagins	90.0 mg	
Dry extract of <i>Pygeum africanum</i> bark	300.0 mg	
Lycopene	15.0 mg	
Dry extract of black pepper fruit	31.6 mg	
- Of which: Piperine	30.0 mg	
Zinc	24.9 mg	249.0 %
Vitamin B6	12.0 mg	857.1 %
Vitamin D	75.0 µg	1,500.0 %
Copper	1,500.0 µg	150.0 %
Selenium	255.0 µg	463.6 %

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children. Ask your doctor or pharmacist for advice.

Properties and possible applications:

- ***Urtica dioica*:** Adjuvant in the symptomatic treatment of urinary disorders in stage I and II benign prostatic hyperplasia. It also supports the immune system.
- ***Epilobium parviflorum*:** Useful for normal prostate function.
- ***Serenoa repens*:** Recommended as a source of fatty acids to maintain reproductive function. The herbal extracts contained in this product beneficially affect the health of men.
- ***Pygeum africanum*:** Support of normal urinary function, its maintenance and comfort in men.
- **Black pepper:** It has important antioxidant properties and supports the immune system.
- **Zinc:** Contributes to normal fertility and reproduction, the maintenance of normal testosterone levels, the normal functioning of the immune system, the protection of cells against oxidative damage and the process of cell division.
- **Vitamin B6:** Contributes to the normal functioning of the immune system and helps regulate hormonal activity.
- **Copper:** Contributes to the normal functioning of the immune system and to the protection of cells against oxidative damage.
- **Selenium:** Contributes to normal spermatogenesis, the normal functioning of the immune system and the protection of cells against oxidative damage.