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NUTRICIÓN INTEGRATIVA
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ARTRO-DUO FORTE (tablets)

Description: Food supplement based on plant extracts, glucosamine, chondroitin, MSM, hyaluronic acid, uridine, vitamins and minerals.

Directions for use / recommended dose: Take six (6) tablets a day, preferably outside of meals, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 180 tablets of 1.300 mg.

Composition: D-glucosamine sulfate 2KCl, bulking agent (microcrystalline cellulose), sodium chondroitin sulfate (**FISH** origin), methylsulfonylmethane (MSM), dry extract of *Boswellia serrata* 70% boswellic acids (*Boswellia serrata* Roxb. Ex Colebr., resin), dry extract of Curcuma Meriva® 18% curcuminoids (*Curcuma longa*, rhizome), dry extract of Harpagofito 2.5% harpagosides (*Harpagophytum procumbens*, root), dry extract of Nettle leaves (*Urtica dioica*, 1% silica), sodium hyaluronate, dry extract of Bamboo stem (*Bambusa arundinacea*, 70% silica), coating: AquaPolish® F RED 044. 236 MS (coating agent: hydroxypropyl methylcellulose, stabiliser: hydroxypropylcellulose, anti-caking agent: talc, rice starch, humectant: polyethylene glycol, colouring agents: iron oxide red and iron oxide yellow), zinc citrate, anti-caking agents (vegetable magnesium stearate and AEROSIL® 200 F (silicon dioxide)), sodium borate, manganese citrate, pyridoxine hydrochloride (vitamin B6), disodium uridine 5'-monophosphate (UMP), cupric citrate and sodium selenite.

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients:

Ingredients	6 tablets	%NRV*
Glucosamine	1,500.0 mg	
Chondroitin	900.0 mg	
Methylsulfonylmethane (MSM)	900.0 mg	
Dry extract of nettle leaves	300.0 mg	
-Of which: Silica	3.0 mg	
Dry extract of Curcuma Meriva®	300.0 mg	
-Of which: Curcuminoids	54.0 mg	
Dry extract of Devil's claw root	300.0 mg	
-Of which: Harpagosides	7.5 mg	
Dry extract of <i>Boswellia serrata</i>	300.0 mg	
- Of which: Boswellic acids	210.0 mg	
Hyaluronic acid	180.0 mg	
Dry extract of Bamboo stems	180.0 mg	
-Of which: Silica	126.0 mg	
Zinc	25.0 mg	250.00%
Vitamin B6	12.0 mg	857.14%
Disodium uridine 5'-monophosphate (UMP)	9.0 mg	
Manganese	6.0 mg	300.00%
Boron	3.0 mg	
Copper	3.0 mg	300.00%
Selenium	120.0 µg	218.18%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. Not recommended for use in people undergoing treatment with anticoagulants or in case of ulcers (stomach or duodenum) or gallstones. Not recommended for use by pregnant women.

Properties and potential applications

Curcuma longa helps control inflammatory responses within the body.

Bamboo (*Bambusa arundinacea*) is beneficial for bone, cartilage and joint health. It contributes to the constitution of cartilage and bones thanks to its silica content. Helps restore joint comfort and mobility. Helps support joint flexibility and mobility. Helps to relieve joint discomfort. Participates in bone remineralisation. Helps maintain joint mobility.

Boswellia serrata supports normal joint maintenance. Zinc contributes to the maintenance of normal bones and the protection of cells against oxidative damage.

Vitamin B6 helps to reduce tiredness and fatigue, regulate hormonal activity and normal red blood cell formation. It contributes to the proper functioning of the immune system, the nervous system and normal psychological function, normal energy metabolism, protein metabolism, glycogen, homocysteine and also cysteine.

Manganese contributes to the normal formation of connective tissue and the maintenance of normal bones.

Copper contributes to the maintenance of normal connective tissue and the protection of cells from oxidative damage.

Selenium contributes to the normal functioning of the immune system, to the maintenance of normal hair and nails, to normal thyroid function and to the protection of cells against oxidative damage.