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NUTRICIÓN INTEGRATIVA
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PARACYS



Description: Food supplement based on mannose, plant extracts, vitamin D, zinc and copper.

Directions for use / Recommended daily dose: Take two (2) to three (3) tablets a day, preferably between meals or according to professional recommendation.

Presentation: Box of 60 gastroresistant tablets of 1,300 mg.

Composition: Bulking agent (microcrystalline cellulose), granular D-Mannose, dry extract of American Cranberry fruit (*Vaccinium macrocarpon* Aiton, 50% proanthocyanidins), extract of Pumpkin seeds EFLA® 940 (*Cucurbita pepo* L.), dry extract of Bearberry leaves (*Arctostaphylos uva-ursi*, 20% arbutin), dry extract of Goldenrod flowers (*Solidago virgaurea* L.), dry extract of Grapefruit seed (*Citrus grandis* (L.) Osbeck), coating agent: Eudraguard® Biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), zinc bisglycinate, cholecalciferol (Vitamin D), anti-caking agent (AEROSIL® 200 F: silicon dioxide and magnesium salts of fatty acids) and copper citrate.

Storage conditions: Keep container in a cool, dry place.





Ingredients	2 tablets	3 tablets
D-Mannose	500.0 mg	750.0 mg
Dry cranberry fruit extract	360.0 mg	540.0 mg
- Of which: 50% proanthocyanidins	180.0 mg	270.0 mg
Dry extract of pumpkin seeds EFLA® 940	300.0 mg	450.0 mg
Dry extract of bearberry leaves	200.0 mg	300.0 mg
- Of which: 20% arbutin	40.0 mg	60.0 mg
Dry extract of Goldenrod flowers	200.0 mg	300.0 mg
Dry extract of Grapefruit seed	200.0 mg	300.0 mg
Zinc	16.6 mg (166%*)	24.9 mg (249 %*)
Vitamin D	50.0 µg (1,000%*)	75.0 µg (1,500 %*)
Copper	2.0 mg (200%*)	3.0 mg (300 %*)

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Containing:

- **Curcubita pepo:** Reserved for use in adults. Not recommended for use in pregnant and lactating women.
- **Bearberry:** Not recommended for use in people with kidney failure, pregnant or breastfeeding women, children and adolescents.
- **Goldenrod:** Not recommended in cases of cardiac or renal oedema. Not recommended in cases of infected allergies, particularly in the Asteraceae family. Not recommended for children under 12 years of age, pregnant and breastfeeding women. In case of medicinal treatment, consult a health professional.

Properties and possible applications:

- **Cranberry** (*Vaccinium macrocarpon*) helps maintain a healthy urinary system.
- **Pumpkin** (*Cucurbita pepo*) helps maintain good bladder function and urinary flow.
- **Bearberry** (*Arctostaphylos uva-ursi*) supports normal bladder function.

It is important to follow a varied and balanced diet and a healthy lifestyle.