

BERBERINA MÉDERI



Description: Food supplement based on berberine extracts (dry extract of Barberry, *Berberis aristata* DC.).

Directions for use / recommended dose: Take one (1) to three (3) capsules a day in one or more doses, preferably before meals, with half a glass of water (125 mL) or as recommended by a professional.

Presentation: Bottle of 90 vegetable capsules of 730 mg.

Composition: Dry extract of barberry root bark (97 % berberine, *Berberis aristata* DC.), capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (gellan gum)), bulking agent (microcrystalline cellulose), anti-caking agent (magnesium salts of fatty acids) and bulking agent (calcium phosphate).

Storage conditions: Store the packaging in a dry, cool place away from sunlight.

Ingredients	1 capsule	3 capsules
Dry extract of Barberry	500 mg	1,500 mg
- Of which: Berberine	485 mg	1,455 mg

Warnings: Do not exceed the daily dose expressly recommended. Food supplements should not be used as substitutes for a varied and balanced diet and a healthy way of life. Keep out of reach of younger children.

This product is not recommended in pregnant women due to the presence of berberine which may increase uterine contractions. Also not recommended in breastfeeding women, children and adolescents.

Properties and possible applications:

Berberis aristata helps to maintain a normal cholesterol level and helps to reduce blood triglyceride levels and improve blood glucose control. It also supports liver health.

