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NUTRICIÓN INTEGRATIVA
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AMINO PAG[®]

(Cocoa flavour)



Description: Food supplement based on amino acids, SAME, hyaluronic acid, bamboo, vitamin C, iron and magnesium. Contains sweeteners.

Amino PAG provides the body with the necessary nutrients to promote an optimal synthesis of endogenous collagen. Collagen is part of the structure of tendons, nerves, cartilage, and vascular tissue, and in turn, it supports the skin, ligaments, and joints.

Directions for use / recommended dose: Take two (2) scoops a day (11.6 g), preferably outside of meals or as recommended by a professional. Add two (2) flat scoops in a glass of water, juice or vegetable drink (250 mL), at room temperature. Stir vigorously until dissolved and drink.

Presentation: Powder. Can of 348 g (60 doses of 5.8 g). 6g scoop dispenser included.

Composition: L-Glycine, thickener (gum arabic), L-serine, magnesium bisglycinate, L-arginine HCl, L-citrulline, L-lysine HCl, PureWay-C[®] (ascorbic acid (vitamin C), fatty acids and citrus bioflavonoids), natural defatted cocoa (cocoa powder), chocolate flavour powder, L-proline, L-ornithine, anti-caking agent (AEROSIL[®] 200 F (silicon dioxide)), dry extract of bamboo (*Bambusa arundinacea*, trunk) silica, ferric pyrophosphate, S-adenosyl-L-methionine (SAME), sodium hyaluronate and sweetener (sucralose).

Storage conditions: Keep the container closed in a dry and cool place. Once opened, it is recommended to store in the fridge. Likewise, it is advisable to stir the product once a week and try to keep the can closed for as long as possible.





Ingredients	2 scoops 11.6 g)	% NRV*
Glycine	4,980.0 mg	
L-serine	800.0 mg	
L-arginine HCl	500.0 mg	
L-citrulline	500.0 mg	
L-lysine HCl	500.0 mg	
Vitamin C	450.0 mg	562.5%
L-proline	250.0 mg	
L-ornithine	250.0 mg	
Magnesium	150.0 mg	40.0%
Dry extract of Bamboo	100.0 mg	
- Of which: Silicon	70.0 mg	
S-adenosyl-L-methionine (SAME)	50.0 mg	
- Of which: Ademetionine	22.5 mg	
Sodium hyaluronate 95%	50.0 mg	
- Of which: Hyaluronic acid	47.5 mg	
Iron	4.8 mg	34.0%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet.. Keep out of reach of younger children. It is not recommended for use in pregnant women.

Properties and potential applications

Bamboo (*Bambusa arundinacea*) is beneficial for health, strengthening and maintenance of joints, cartilages and bones. It contributes to the constitution of cartilages and bones thanks to its silicon content. It helps regain the comfort and mobility of joints. It helps support the flexibility and mobility of joints. It helps relieve joint discomfort. It participates in bone remineralization. It helps maintain joint mobility.

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E and improve the absorption of iron.

Magnesium helps reduce tiredness and fatigue, normal protein synthesis and the process of cell division; contributes to the normal functioning of muscles and the nervous system, energy metabolism, electrolyte balance, maintain good psychological function and maintain bones and teeth in normal conditions.

Iron contributes to normal energy metabolism, normal cognitive function, normal functioning of the immune system, helps decrease tiredness and fatigue and contributes to the process of cell division.

It is important to follow a varied and balanced diet and a healthy lifestyle.