



MÉDERI
NUTRICIÓN INTEGRATIVA
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MEDERTONE

90 vegetable capsules



Description: Food supplement based on Rhodiola Rose and Ginkgo Biloba.

Directions for use/recommended dose: Take one (1) or two (2) capsules per day with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 90 vegetable capsules of 600 mg.

Composition: Dry extract of Rhodiola root (*Rhodiola rosea* L., 6% rosavins, 3% salidroside), dry extract of Ginkgo Biloba leaves (*Ginkgo biloba* L., 24% flavonoids, 6% sesquiterpene lactones), capsule (coating agent: hydroxypropyl methylcellulose, purified water and gelling agent: gellan gum), bulking agent (calcium phosphate) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep the container in a dry, cool place away from sunlight.





Ingredients	1 capsule	2 capsules
Dry extract of Rhodiola Rose	200 mg	400 mg
Of which:		
- 6 % Rosavins	12 mg	24 mg
- 3 % Salidroside	6 mg	12 mg
Dry extract of Ginkgo Biloba	200 mg	400 mg
Of which:		
- 24 % Flavonoides	48 mg	96 mg
- 6 % Lactones sesquiterpénicas	12 mg	24 mg

Warnings: Do not exceed the daily dose recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.

Consult your doctor in case of concomitant treatment with anticoagulants. Do not use during pregnancy or breast-feeding and not recommended in people under antidepressant treatment.

Properties and potential applications:

Ginkgo Biloba contributes to good hearing and vision. It helps maintain good cognitive function, helps maintain memory with age-related deterioration and preserve cognitive function and improve cognitive performance.

Rhodiola rosea contributes to the maintenance of normal blood circulation and optimal mental and cognitive activity. It helps maintain the normal function of the circulatory system, providing oxygen and nutrients to the cells. In turn, it helps the body adapt to emotional stress, physical exertion, helps stimulate the nervous system, has a beneficial effect on stress-induced fatigue and headaches, is beneficial for sleeping difficulties, lack of appetite and improves work performance. In addition, it helps to stimulate perception, improve mood and has a beneficial effect on the cardiovascular system because it helps protect against stress and hypertension.

It is important to follow a varied and balanced diet and a healthy lifestyle.