

ACETIL L-CARNITINA MÉDERI



Description: Food supplement based on acetyl L-carnitine, vitamin C and bamboo extract.

Directions for use / recommended daily dose: Take one (1) to four (4) capsules daily, in one or more doses, with half a glass of water (125 mL) or as recommended by a healthcare professional.

Presentation: Bottle of 100 vegetable capsules of 805 mg.

Composition: Acetyl L-carnitine HCl, bulking agent (microcrystalline cellulose), capsule (coating agent: hydroxypropyl methylcellulose and purified water), CompactCel® (coconut milk powder, bulking agent: microcrystalline cellulose, and dry bamboo stem extract (*Bambusa arundinacea*, 70 % silica) and L-ascorbic acid (vitamin C).

Storage conditions: Store the container in a cool, dry place away from sunlight.



Ingredients	1 capsule	2 capsules	3 capsules	4 capsules
Acetyl L-Carnitine HCl	500 mg	1,000 mg	1,500 mg	2,000 mg
Vitamin C	14 mg (17.5 %)*	28 mg (35.0 %)*	42 mg (52.5 %)*	56 mg (70.0 %)*
Bamboo Stem Extract	1.6 mg	3.2 mg	4.8 mg	6.4 mg
-Of which: 70 % silica	1.1 mg	2.2 mg	3.4 mg	4.5 mg

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and possible applications:

Vitamin C contributes to normal collagen formation for the normal functioning of blood vessels, bones, cartilage, gums, skin, and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells from oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E, and to the improvement of iron absorption.

It is important to follow a varied and balanced diet and a healthy lifestyle.