

PRODUCTS GUIDE

JULY 2026

Natural products
Effective scientific formulation
Certified Quality



MÉDERI
NUTRICIÓN INTEGRATIVA

mederinutricion.com

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ACETIL L-CARNITINA MÉDERI



Description: Food supplement based on acetyl L-carnitine, vitamin C and bamboo extract.

Directions for use / recommended daily dose: Take one (1) to four (4) capsules daily, in one or more doses, with half a glass of water (125 mL) or as recommended by a healthcare professional.

Presentation: Bottle of 100 vegetable capsules of 805 mg.

Composition: Acetyl L-carnitine HCl, bulking agent (microcrystalline cellulose), capsule (coating agent: hydroxypropyl methylcellulose and purified water), CompactCel® (coconut milk powder, bulking agent: microcrystalline cellulose, and dry bamboo stem extract (*Bambusa arundinacea*, 70 % silica) and L-ascorbic acid (vitamin C).

Storage conditions: Store the container in a cool, dry place away from sunlight.



Ingredients	1 capsule	2 capsules	3 capsules	4 capsules
Acetyl L-Carnitine HCl	500 mg	1,000 mg	1,500 mg	2,000 mg
Vitamin C	14 mg (17.5 %)*	28 mg (35.0 %)*	42 mg (52.5 %)*	56 mg (70.0 %)*
Bamboo Stem Extract	1.6 mg	3.2 mg	4.8 mg	6.4 mg
-Of which: 70 % silica	1.1 mg	2.2 mg	3.4 mg	4.5 mg

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and possible applications:

Vitamin C contributes to normal collagen formation for the normal functioning of blood vessels, bones, cartilage, gums, skin, and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells from oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E, and to the improvement of iron absorption.

It is important to follow a varied and balanced diet and a healthy lifestyle.

AKKERMANSIA PLUS MÉDERI



Description: *Akkermansia muciniphila* MucT™ and chromium.

Directions for use / recommended dose: Take one (1) capsule per day, preferably with meals or as recommended by a professional.

Presentation: Bottle of 30 capsules of 600 mg.

Composition: Bulking agent (calcium phosphate), *Akkermansia muciniphila* MucT™, capsule (coating agent: hydroxypropyl methylcellulose, purified water, and gelling agent: gellan gum), bulking agent (microcrystalline cellulose), anti-caking agent (magnesium salts of fatty acids), and chromium picolinate.

Storage conditions: Store the container in a dry, cool place away from light.

Ingredients	1 capsule	% NRV*
<i>Akkermansia muciniphila</i> MucT™	3×10 ¹⁰ UFC	
Chromium.	195 µg	487.5 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet and a healthy lifestyle. Keep out of the reach of young children. They may only be consumed by adults, with the exception of pregnant and breastfeeding women.

Properties and potential applications:

Chromium contributes to the normal metabolism of macronutrients and to maintaining normal blood glucose levels.

It is important to follow a varied and balanced diet and a healthy lifestyle.



ALCACHOFA MÉDERI



Description: Food supplement based on artichoke.

Directions for use / recommended dose: Take one (1) capsule a day, preferably with meals or according to professional recommendation.

Presentation: Bottle of 60 capsules of 820 mg.

Composition: Bilear® Artichoke (*Cynara cardunculus*) leaf dry extract (2.5 % Caffeoylquinic acids, 0.6 % Chlorogenic acids and 0.3 % Flavonoids, (MILK derivatives)), capsule (coating agent: Hydroxypropyl methylcellulose, purified water and gelling agent: Gellan gum), bulking agent (microcrystalline cellulose) and anti-caking agents (magnesium salts of fatty acids and AEROSIL® 200 F (silicon dioxide)).

Storage conditions: Store in a cool, dry place.

Ingredients	1 capsule
Artichoke leaf dry extract	600.0 mg
- Of which: 2,5 % Caffeoylquinic acids	15.0 mg
- Of which: 0,6 % Chlorogenic acids	3.6 mg
- Of which: 0,3 % Flavonoids	1.8 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.





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AMINO PAG[®]

(Cocoa flavour)



Description: Food supplement based on amino acids, SAME, hyaluronic acid, bamboo, vitamin C, iron and magnesium. Contains sweeteners.

Amino PAG provides the body with the necessary nutrients to promote an optimal synthesis of endogenous collagen. Collagen is part of the structure of tendons, nerves, cartilage, and vascular tissue, and in turn, it supports the skin, ligaments, and joints.

Directions for use / recommended dose: Take two (2) scoops a day (11.6 g), preferably outside of meals or as recommended by a professional. Add two (2) flat scoops in a glass of water, juice or vegetable drink (250 mL), at room temperature. Stir vigorously until dissolved and drink.

Presentation: Powder. Can of 348 g (60 doses of 5.8 g). 6g scoop dispenser included.

Composition: L-Glycine, thickener (gum arabic), L-serine, magnesium bisglycinate, L-arginine HCl, L-citrulline, L-lysine HCl, PureWay-C[®] (ascorbic acid (vitamin C), fatty acids and citrus bioflavonoids), natural defatted cocoa (cocoa powder), chocolate flavour powder, L-proline, L-ornithine, anti-caking agent (AEROSIL[®] 200 F (silicon dioxide)), dry extract of bamboo (*Bambusa arundinacea*, trunk) silica, ferric pyrophosphate, S-adenosyl-L-methionine (SAME), sodium hyaluronate and sweetener (sucralose).

Storage conditions: Keep the container closed in a dry and cool place. Once opened, it is recommended to store in the fridge. Likewise, it is advisable to stir the product once a week and try to keep the can closed for as long as possible.





Ingredients	2 scoops (11.6 g)	% NRV*
Glycine	4,980.0 mg	
L-serine	800.0 mg	
L-arginine HCl	500.0 mg	
L-citrulline	500.0 mg	
L-lysine HCl	500.0 mg	
Vitamin C	450.0 mg	562.5%
L-proline	250.0 mg	
L-ornithine	250.0 mg	
Magnesium	150.0 mg	40.0%
Dry extract of Bamboo	100.0 mg	
- Of which: Silicon	70.0 mg	
S-adenosyl-L-methionine (SAME)	50.0 mg	
- Of which: Ademetionine	22.5 mg	
Sodium hyaluronate 95%	50.0 mg	
- Of which: Hyaluronic acid	47.5 mg	
Iron	4.8 mg	34.0%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet.. Keep out of reach of younger children. It is not recommended for use in pregnant women.

Properties and potential applications

Bamboo (*Bambusa arundinacea*) is beneficial for health, strengthening and maintenance of joints, cartilages and bones. It contributes to the constitution of cartilages and bones thanks to its silicon content. It helps regain the comfort and mobility of joints. It helps support the flexibility and mobility of joints. It helps relieve joint discomfort. It participates in bone remineralization. It helps maintain joint mobility.

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E and improve the absorption of iron.

Magnesium helps reduce tiredness and fatigue, normal protein synthesis and the process of cell division; contributes to the normal functioning of muscles and the nervous system, energy metabolism, electrolyte balance, maintain good psychological function and maintain bones and teeth in normal conditions.

Iron contributes to normal energy metabolism, normal cognitive function, normal functioning of the immune system, helps decrease tiredness and fatigue and contributes to the process of cell division.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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AMINO PAG[®]

(Neutral flavour)

Description: Food supplement based on amino acids, SAME, hyaluronic acid, bamboo, vitamin C, iron and magnesium.

Amino PAG provides the body with the necessary nutrients to promote an optimal synthesis of endogenous collagen. Collagen is part of the structure of tendons, nerves, cartilage, and vascular tissue, and in turn, it supports the skin, ligaments, and joints.

Directions for use / recommended dose: Take two (2) scoops per day (11,6 g), preferably between meals or as recommended by a professional. Add two (2) level scoops to a glass of water or vegetable drink (250 mL) at room temperature. Stir vigorously until dissolved and drink.

Presentation: Powder. Can of 360 g (60 doses of 5,8 g). 6 g scoop dispenser included.

Composition: Glycine, thickener (gum arabic), L-serine, magnesium bisglycinate, L-arginine HCl, L-citrulline, L-lysine HCl, PureWay-C[®] (ascorbic acid (vitamin C), fatty acids and citrus bioflavonoids), L-proline, L-ornithine, anti-caking agent (AEROSIL[®] 200 F (silicon dioxide)), dry extract of bamboo (*Bambusa arundinacea*, trunk) 70 % silica, ferric pyrophosphate, S-adenosyl-L-methionine (SAME) and sodium hyaluronate.

Storage conditions: Keep the container closed in a dry and cool place. Once opened, it is recommended to store in the fridge. Likewise, it is advisable to stir the product once a week and try to keep the can closed for as long as possible.





Ingredients	2 scoops (11.6 g)	% NRV*
Glycine	4,980.0 mg	
L-serine	800.0 mg	
L-arginine HCl	500.0 mg	
L-citrulline	500.0 mg	
L-lysine HCl	500.0 mg	
Vitamin C	450.0 mg	562.5 %
L-proline	250.0 mg	
L-ornithine	250.0 mg	
Magnesium	150.0 mg	40.0 %
Dry extract of Bamboo	100.0 mg	
- Of which: Silicon	70.0 mg	
S-adenosyl-L-methionine (SAME)	50.0 mg	
- Of which: Ademetionine	22.5 mg	
Sodium hyaluronate 95%	50.0 mg	
- Of which: Hyaluronic acid	47.5 mg	
Iron	4.8 mg	34.3 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children. It is not recommended for use in pregnant women.

Properties and potential applications

Bamboo (*Bambusa arundinacea*) is beneficial for health, strengthening and maintenance of joints, cartilages and bones. It contributes to the constitution of cartilages and bones thanks to its silicon content. It helps regain the comfort and mobility of joints. It helps support the flexibility and mobility of joints. It helps relieve joint discomfort. It participates in bone remineralization. It helps maintain joint mobility.

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E and improve the absorption of iron.

Magnesium helps reduce tiredness and fatigue, normal protein synthesis and the process of cell division; contributes to the normal functioning of muscles and the nervous system, energy metabolism, electrolyte balance, maintain good psychological function and maintain bones and teeth in normal conditions.

Iron contributes to normal energy metabolism, normal cognitive function, normal functioning of the immune system, helps decrease tiredness and fatigue and contributes to the process of cell division.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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ANSIOPHYT



Description: Food supplement based of plant extracts, GABA, L-tryptophan, magnesium and vitamin B6.

Directions for use / recommended dose: Take two (2) capsules a day, with half a glass of water (125 mL), preferably with meals, or as recommended by a professional.

Presentation: Bottle of 60 capsules of 820 mg.

Composition: Magnesium bisglycinate, dry extract of green tea leaves ((*Camellia sinensis* L.) 40 % L-Theanine and 6 % Epigallocatechin), capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (Gellan Gum)), bulking agent (microcrystalline cellulose), dry extract of Hawthorn leaves ((*Crataegus oxyacantha*) 1,8 % Vitexin), dry extract of Bacopa herb (*Bacopa monnieri*), dry extract of Purple Basil herb (*Ocimum tenuiflorum-sanctum*), Gamma-Amino Butyric Acid (GABA), granular L-Tryptophan, **SOYBEAN** lecithin (*Glycine max* (L.), 20 % phosphatidylserine), Affron® dry extract of Saffron stigmas ((*Crocus sativus* L., stigmas), 3.5 % Lepticrosalides®), Vitamin B6 (pyridoxal 5-phosphate monohydrate) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep the container in a cool, dry place.



Affron®

Affron® and Lepticrosalides® are registered trademarks by Pharmactive Biotech Products, SLU



Ingredients	2 capsules
Dry extract of green tea leaves	250.0 mg
- Of which: L-Theanine	100.0 mg
- Of which: Epigallocatechin	15.0 mg
- Of which: caffeine	12.5 mg
Dry extract of Hawthorn leaves	100.0 mg
- Of which: Vitexin	1.8 mg
Dry extract of Purple Basil	100.0 mg
Dry extract of Bacopa herb	100.0 mg
Gamma-Amino Butyric Acid (GABA)	100.0 mg
L-Tryptophan	100.0 mg
SOYBEAN Lecithin	100.0 mg
- Of which: Phosphatidylserine	20.0 mg
Magnesium	75.0 mg (20 %*)
Dry saffron stigmas extract (Affron®):	15.0 mg
- Of which: Lepticrosalides®	0.53 mg
Vitamin B6	6.0 mg (428.57 %*)

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Keep out of the reach of young children. A daily amount of 800 mg or more of (-) epigallocatechin-3-gallate should not be consumed. Should not be consumed if other products containing green tea are already consumed on the same day. Contains caffeine. Not recommended for children or pregnant women. Not to be consumed by pregnant or breastfeeding women, or by children under 18 years of age. Also should not be taken on an empty stomach.

Properties and potential applications

Saffron (*Crocus sativus*) contributes to emotional balance, aids relaxation and helps maintain a positive mood.

Magnesium helps to reduce tiredness and fatigue, normal protein synthesis and cell division process; it contributes to the normal functioning of muscles, nervous system, energy metabolism, electrolyte balance and to maintain good psychological function and the maintenance of normal bones and teeth.

Vitamin B6 contributes to normal energy metabolism, to the normal functioning of the nervous system, to energy metabolism, to electrolyte balance and to the maintenance of good psychological function.



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ARTRO-DUO FORTE (tablets)

Description: Food supplement based on plant extracts, glucosamine, chondroitin, MSM, hyaluronic acid, uridine, vitamins and minerals.

Directions for use / recommended dose: Take six (6) tablets a day, preferably outside of meals, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 180 tablets of 1.300 mg.

Composition: D-glucosamine sulfate 2KCl, bulking agent (microcrystalline cellulose), sodium chondroitin sulfate (**FISH** origin), methylsulfonylmethane (MSM), dry extract of *Boswellia serrata* 70% boswellic acids (*Boswellia serrata* Roxb. Ex Colebr., resin), dry extract of Curcuma Meriva® 18% curcuminoids (*Curcuma longa*, rhizome), dry extract of Harpagofito 2.5% harpagosides (*Harpagophytum procumbens*, root), dry extract of Nettle leaves (*Urtica dioica*, 1% silica), sodium hyaluronate, dry extract of Bamboo stem (*Bambusa arundinacea*, 70% silica), coating: AquaPolish® F RED 044. 236 MS (coating agent: hydroxypropyl methylcellulose, stabiliser: hydroxypropylcellulose, anti-caking agent: talc, rice starch, humectant: polyethylene glycol, colouring agents: iron oxide red and iron oxide yellow), zinc citrate, anti-caking agents (vegetable magnesium stearate and AEROSIL® 200 F (silicon dioxide)), sodium borate, manganese citrate, pyridoxine hydrochloride (vitamin B6), disodium uridine 5'-monophosphate (UMP), cupric citrate and sodium selenite.

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients	6 tablets	% NRV*
Glucosamine	1,500.0 mg	
Chondroitin	900.0 mg	
Methylsulfonylmethane (MSM)	900.0 mg	
Dry extract of nettle leaves	300.0 mg	
-Of which: Silica	3.0 mg	
Dry extract of Curcuma Meriva®	300.0 mg	
-Of which: Curcuminoids	54.0 mg	
Dry extract of Devil's claw root	300.0 mg	
-Of which: Harpagosides	7.5 mg	
Dry extract of <i>Boswellia serrata</i>	300.0 mg	
- Of which: Boswellic acids	210.0 mg	
Hyaluronic acid	180.0 mg	
Dry extract of Bamboo stems	180.0 mg	
-Of which: Silica	126.0 mg	
Zinc	25.0 mg	250.00%
Vitamin B6	12.0 mg	857.14%
Disodium uridine 5'-monophosphate (UMP)	9.0 mg	
Manganese	6.0 mg	300.00%
Boron	3.0 mg	
Copper	3.0 mg	300.00%
Selenium	120.0 µg	218.18%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. Not recommended for use in people undergoing treatment with anticoagulants or in case of ulcers (stomach or duodenum) or gallstones. Not recommended for use by pregnant women.

Properties and potential applications

Curcuma longa helps control inflammatory responses within the body.

Bamboo (*Bambusa arundinacea*) is beneficial for bone, cartilage and joint health. It contributes to the constitution of cartilage and bones thanks to its silica content. Helps restore joint comfort and mobility. Helps support joint flexibility and mobility. Helps to relieve joint discomfort. Participates in bone remineralisation. Helps maintain joint mobility.

Boswellia serrata supports normal joint maintenance.

Zinc contributes to the maintenance of normal bones and the protection of cells against oxidative damage.

Vitamin B6 helps to reduce tiredness and fatigue, regulate hormonal activity and normal red blood cell formation. It contributes to the proper functioning of the immune system, the nervous system and normal psychological function, normal energy metabolism, protein metabolism, glycogen, homocysteine and also cysteine.

Manganese contributes to the normal formation of connective tissue and the maintenance of normal bones.

Copper contributes to the maintenance of normal connective tissue and the protection of cells from oxidative damage.

Selenium contributes to the normal functioning of the immune system, to the maintenance of normal hair and nails, to normal thyroid function and to the protection of cells against oxidative damage.



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ASHWAGANDHA MÉDERI



Description: Food supplement based on plant extracts.

Directions for use / recommended dose: Take two (2) capsules daily with half a glass of water (125 mL), preferably before meals, or as recommended by a professional.

Presentation: Bottle of 60 capsules of 717 mg.

Composition: KSM-66 Ashwagandha® root dry extract (*Withania somnifera*, 5% withanolides), capsule: (coating agent (hydroxypropyl methylcellulose), water and gelling agent (Gellan Gum)), bulking agent (microcrystalline cellulose), Bamboo trunk dry extract (*Bambusa arundinacea*, 70% silicon) and anti-caking agent (magnesium stearate).

Storage conditions: Keep the container closed in a dry and cool place.



KSM-66
Ashwagandha®





Ingredients	1 capsule	2 capsules
KSM-66 Ashwagandha® root dry extract	500.0 mg	1,000.0 mg
- Of which: 5% withanolides	25.0 mg	50.0 mg
Bamboo trunk dry extract	15.0 mg	30.0 mg
- Of which: 70% silicon	10.5 mg	21.0 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet and a healthy lifestyle. Keep out of reach of younger children. It is not recommended for use in pregnant women.

Properties and possible applications:

Withania somnifera supports the health of female reproductive organs and male sexual function, helping to maintain sperm mobility and count.

It has a general rejuvenating effect, helps maintain the health of the skin and the respiratory system.

It is used as an energetic tonic, helping to maintain the vitality of the body, energy levels, gain weight and muscle mass.

It contributes to the body's resistance to stress and helps maintain physical and mental well-being.

It supports sleep onset, learning, memory, and recall.

It has adaptogenic properties.

It beneficially affects the heart and cardiovascular system.

It supports in periods of mental, nervous and anxiety tension and contributes to emotional balance and overall well-being.

ASTAXANTINA MÉDERI



Description: Food supplement based on astaxanthin.

Directions for use / recommended dose: Take one (1) capsule a day, preferably with meals, or according to professional recommendation.

Presentation: Bottle of 60 vegetable capsules of 600 mg.

Composition: Bulking agent (Calcium Phosphate Dihydrate), oleoresin rich in astaxanthin from *Haematococcus pluvialis* algae (2.5 % astaxanthin), capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (Gellan Gum)), and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep the container in a cool, dry place.

Ingredients	1 capsule
Oleoresin from <i>Haematococcus pluvialis</i> algae	200 mg
- Of which: 2.5 % Astaxanthin	5 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

Not to be taken if other food supplements containing astaxanthin esters are consumed on the same day. Not to be taken by infants and children under 10 years of age.





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ATEROMED®



Description: Food supplement based on plant extracts, coenzyme Q10 and selenium.

Directions for use / recommended dose: Take two (2) tablets a day, preferably before meals, or as recommended by a professional.

Presentation:

Box of 60 tablets of 1,120 mg with four (4) blister packs of 15 tablets each.

Box of 120 tablets of 1,120 mg with eight (8) blister packs of 15 tablets each.

Composition: Bulking agent (microcrystalline cellulose), dry extract of Black Garlic bulb ABG10+ (*Allium sativum*, 0.1 % S-allyl-cysteine), dry extract of olive leaf (*Olea europaea* L., 40 % oleuropein), MEDITEANOX® dry olive fruit extract (*Olea europaea* L., 7 % hydroxytyrosol), coenzyme Q10, *Bacillus subtilis*-fermented SOYBEAN seed extract (nattokinase 20,000 FU/g) (contains SOY and GLUTEN), coating: AquaPolish® F red 044.236 MS (coating agent: hydroxypropylmethylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), L-selenomethionine and anti-caking agents: AEROSIL® 200 F (silicon dioxide) and magnesium salts of fatty acids.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	1 tablet	2 tablets
Dry extract of black garlic bulb - Of which: S-allyl-cysteine	250.00 mg 0.25 mg	500.00 mg 0.50 mg
Dry extract of Olive leaf - Of which: Oleuropein	175.00 mg 70.00 mg	350.00 mg 140.00 mg
Dry extract of olive fruit - Of which: Hydroxytyrosol	175.00 mg 12.25 mg	350.00 mg 24.50 mg
Coenzyme Q10	100.00 mg	200.00 mg
Fermented SOYBEAN seed extract - Of which: Nattokinase 20,000 FU/g	50.00 mg 1,000.00 FU	100.00 mg 2,000.00 FU
Selenium	100 µg (182 %*)	200 µg (364 %*)

*NRV: Nutrient Reference Value for vitamins and minerals

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of younger children. Not recommended for use in people undergoing anticoagulant treatment.

Properties and potential applications:

Black garlic (*Allium sativum*) contributes to the maintenance of heart health and the normal lipid, cholesterol and homocysteine levels. It contributes to vascular health by promoting good blood circulation in the microvessels and helps to reduce the feeling of heavy legs.

Selenium contributes to the normal functioning of the immune system and to the protection of cells against oxidative damage.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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B COMPLEX 50 MÉDERI



Description: Food supplement based on B vitamins, betaine, choline and inositol.

Directions for use / recommended dose: Take one (1) tablet daily with half a glass of water (125 mL) or as recommended by a professional.

Presentation: Box with four (4) blister packs of 15 tablets. 60 tablets of 1,130 mg.

Composition: Bulking agent (microcrystalline cellulose), betaine HCl, choline bitartrate, inositol, thiamine hydrochloride (vitamin B1), calcium D-pantothenate (pantothenic acid), riboflavin (vitamin B2), nicotinamide (niacin), bulking agent (anhydrous dicalcium phosphate), AquaPolish® D red 044.236 MS (coating agent: hydroxypropyl methylcellulose, stabiliser: hydroxypropylcellulose, anti-caking agent: talc, rice starch, humectant: polyethylene glycol, colouring agents: iron oxide red and iron oxide yellow), pyridoxine hydrochloride (vitamin B6), anti-caking agents (magnesium stearate and AEROSIL® 200 F (silicon dioxide)), methylcobalamin (vitamin B12), glucosamine salt of (6S)-5-methyltetrahydrofolic acid (folic acid) and D-biotin (biotin).

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	1 tablet	% NRV*
Choline bitartrate	100.0 mg	
-Of which: Choline	41.1 mg	
Betaine	100.0 mg	
Inositol	100.0 mg	
Vitamin B1	50.0 mg	4,545 %
Vitamin B2	50.0 mg	3,571 %
Niacin	50.0 mg NE	313 %
Pantothenic acid	50.0 mg	833 %
Vitamin B6	12.0 mg	857 %
Biotin	100.0 µg	200 %
Folic acid	100.0 µg	50 %
Vitamin B12	50.0 µg	2,000 %

*NRV: Nutrient Reference Value for vitamins and minerals

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and potential applications:

Vitamin B1, B2, B6, niacin, biotin and vitamin B12 contribute to normal energy metabolism and normal functioning of the nervous system.

Vitamin B2, niacin and biotin contribute to the maintenance of the skin and mucous membranes under normal conditions.

Vitamin B6, B12, choline and folates contribute to normal homocysteine metabolism.

Vitamin B1, B6, B12, niacin, biotin and folates contribute to normal psychological function.

Vitamin B6 and B12 contribute to the normal formation of red blood cells and the normal functioning of the immune system.

Vitamin B2, B6, B12, niacin, pantothenic acid and folates help to reduce tiredness and fatigue.



MÉDERI
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BAYA-C®



Description: Food supplement based on extracts of acerola berries, rosehip and camu-camu, with high content of vitamin C. Sweetener added.

Directions for use / recommended dose: Take one (1) sachet per day, preferably on an empty stomach or as recommended by a professional. Add the contents of the sachet to a glass of water, juice or vegetable drink (250 mL), stir vigorously until dissolved and drink.

Presentation: Box of 30 sachets of 6.5 grams. Double sachet format. Orange flavour.

Composition: Dry extract of Camu-Camu fruit 8:1 (*Myrciaria dubia* (Kunth) McVaugh, 50% vitamin C), dry extract of acerola fruit (*Malpighia glabra* L., 50% vitamin C), dry extract of Rose Hips fruit (*Rosa canina* L., 70% vitamin C), corn maltodextrin, natural flavouring of blood orange, anti-caking agent: AEROSIL® 200 F (silicon dioxide) and sweetener (sucralose).

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	1 sachet	% NRV*
Camu-Camu dry extract	2,000 mg	
- Of which: Vitamin C	1,000 mg	1,250%
Acerola dry extract	2,000 mg	
- Of which: Vitamin C	1,000 mg	1,250%
Rose hip dry extract	1,429 mg	
- Of which: Vitamin C	1,000 mg	1,250%
Total Vitamin C	3,000 mg	3,750%

*NRV: Nutrient Reference Value for vitamins and minerals

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and possible applications

Vitamin C contributes to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps to reduce tiredness and fatigue and improves iron absorption.



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BERBERINA MÉDERI



Description: Food supplement based on berberine extracts (dry extract of Barberry, *Berberis aristata* DC.).

Directions for use / recommended dose: Take one (1) to three (3) capsules a day in one or more doses, preferably before meals, with half a glass of water (125 mL) or as recommended by a professional.

Presentation: Bottle of 90 vegetable capsules of 730 mg.

Composition: Dry extract of barberry root bark (97 % berberine, *Berberis aristata* DC.), capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (gellan gum)), bulking agent (microcrystalline cellulose), anti-caking agent (magnesium salts of fatty acids) and bulking agent (calcium phosphate).

Storage conditions: Store the packaging in a dry, cool place away from sunlight.

Ingredients	1 capsule	3 capsules
Dry extract of Barberry	500 mg	1,500 mg
- Of which: Berberine	485 mg	1,455 mg

Warnings: Do not exceed the daily dose expressly recommended. Food supplements should not be used as substitutes for a balanced diet. Keep out of reach of younger children.

This product is not recommended in pregnant women due to the presence of berberine which may increase uterine contractions. Also not recommended in breastfeeding women, children and adolescents.

Properties and possible applications:

Berberis aristata helps to maintain a normal cholesterol level and helps to reduce blood triglyceride levels and improve blood glucose control. It also supports liver health.

It is important to follow a varied and balanced diet and a healthy lifestyle.



BETAÍNA+PEPSINA MÉDERI

Description: Food supplement based on betaine and pepsin.

Directions for use / recommended dose: Take one (1) capsule per day, preferably with meals or as recommended by a professional.

Presentation: Bottle of 60 vegetable capsules of 820 mg.

Composition: Betaine HCl, bulking agent (microcrystalline cellulose), capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (gellan gum)), pepsin, bulking agent (calcium phosphate) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep the container in a dry, cool place away from light.

Ingredients	1 capsule
Betaine	300.5 mg
Pepsin	100.0 mg (200,000 UI)

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.





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BISGLICINATO DE COBRE 2 mg MÉDERI



Description: Food supplement based on copper.

Directions for use / recommended dose: Take one (1) tablet per day, preferably with food, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 120 tablets of 280 mg.

Composition: Bulking agent (microcrystalline cellulose), coating: AquaPolish® F Green 070.96 natural "110011" (coating agent: hydroxypropyl methylcellulose, humectant: polyethylene glycol and stabiliser: sucrose esters of fatty acids, corn starch and colouring: natural caramel, safflower concentrate, lemon and spirulina), copper bisglycinate and anti-caking agents (cross-linked sodium carboxymethylcellulose, magnesium salts of fatty acids and AEROSIL® 200 F (silicon dioxide)).

Storage conditions: Store the container tightly closed in a cool, dry place.





Ingredients	1 tablet	% NRV*
Copper	2.0 mg	200 %

*NRV: Nutrient Reference Value for Vitamins and Minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.

Properties and possible applications:

Copper contributes to the maintenance of connective tissue in normal conditions, normal energy metabolism, normal functioning of the nervous and immune systems, normal pigmentation of hair and skin, normal transport of iron in the body, and protection of cells from oxidative damage.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
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BISGLICINATO DE MAGNESIO MÉDERI CON TAURINA & B6

Description: Food supplement based on magnesium, vitamin B6 and taurine.

Directions for use / recommended dose: Take two (2) tablets per day, with half a glass of water (125 mL) or as professionally recommended.

Presentation: Bottle of 75 and 180 tablets of 1,200 mg.

Composition: Magnesium bisglycinate, bulking agent (microcrystalline cellulose), L-Taurine, anti-caking agent (magnesium salts of fatty acids), coating: AquaPolish® F clear 099.28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose, stearic acid), anti-caking agent: AEROSIL® 200 F (silicon dioxide) and pyridoxal 5'-phosphate (vitamin B6).

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	2 tablets	% NRV*
Magnesium	250 mg	66.67 %
L-Taurine	210 mg	
Vitamin B6	2 mg	142.9 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. Not recommended for children under 10 years of age and adolescents.

Properties and possible applications:

Magnesium helps reduce tiredness and fatigue, normal protein synthesis and the process of cell division; contributes to the normal functioning of the muscles, the nervous system, energy metabolism, balance electrolyte and to maintain a good psychological function and to maintenance of bones and teeth in normal conditions.

Vitamin B6 helps reduce tiredness and fatigue, regulate hormonal activity and the normal formation of red blood cells. Contributes to the proper functioning of the system immune, nervous system, and psychological function normal, to normal energy metabolism, to metabolism of proteins, glycogen, homocysteine and also the cysteine.

It is important to follow a varied and balanced diet and a healthy lifestyle.



BUTYMED



Description: Food supplement based on butyrate.

Directions for use / recommended dose: Tomar dos (2) cápsulas al día, preferentemente con las comidas, o según recomendación de un profesional.

Presentation: Box of 60 and 120 capsules of 460 mg.

Composition: Sodium butyrate, capsule: (coating agent (hydroxypropyl methylcellulose), bulking agent (calcium phosphate) and anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium salts of fatty acids).

Storage conditions: Store the container in a dry, cool place away from light.

Ingredients	2 softgels
Butyrate	450 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.





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BISGLICINATO DE MAGNESIO MÉDERI CON TAURINA & B6

Description: Food supplement based on magnesium, vitamin B6 and taurine.

Directions for use / recommended dose: Take two (2) tablets per day, with half a glass of water (125 mL) or as professionally recommended.

Presentation: Bottle of 180 tablets of 1,200 mg.

Composition: Magnesium bisglycinate, bulking agent (microcrystalline cellulose), L-Taurine, anti-caking agent (magnesium salts of fatty acids), coating: AquaPolish® F clear 099.28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose, stearic acid), anti-caking agent: AEROSIL® 200 F (silicon dioxide) and pyridoxal 5'-phosphate (vitamin B6).

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	2 tablets	% NRV*
Magnesium	250 mg	66.67 %
L-Taurine	210 mg	
Vitamin B6	2 mg	142.9 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. Not recommended for children under 10 years of age and adolescents.

Properties and possible applications:

Magnesium helps reduce tiredness and fatigue, normal protein synthesis and the process of cell division; contributes to the normal functioning of the muscles, the nervous system, energy metabolism, balance electrolyte and to maintain a good psychological function and to maintenance of bones and teeth in normal conditions.

Vitamin B6 helps reduce tiredness and fatigue, regulate hormonal activity and the normal formation of red blood cells. Contributes to the proper functioning of the system immune, nervous system, and psychological function normal, to normal energy metabolism, to metabolism of proteins, glycogen, homocysteine and also the cysteine.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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CHAMPIÑÓN DEL SOL MÉDERI



Description: Food supplement based on *Agaricus blazei* and rice protein isolate.

Directions for use / recommended dose: Take two (2) to three (3) capsules daily, preferably before meals, or as professionally recommended.

Presentation: Bottle of 90 vegetable capsules of 780 mg.

Composition: Organic Sun Mushroom extract (*Agaricus blazei*, whole plant), organic rice protein isolate, coating agent (capsule): hydroxypropyl methylcellulose and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Keep container tightly closed in a cool, dry place.

Ingredients	3 capsules
Organic Sun Mushroom Extract	1,500.00 mg
Of which:	
- Total polysaccharides $\geq$ 50%	750.00 mg
- 1,3-1,6-beta-glucans $\geq$ 15%	225.00 mg
- Alpha-glucans $\leq$ 5%.	75.00 mg
Isolated organic rice protein	441.00 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of the reach of young children.

Properties and potential applications: *Agaricus blazei* is rich in beta-glucans which contribute to immune activity. It helps the body to resist biological aggressions, natural defenses and the immune system. Contributes to a normal immune response. immune response.

Supports the human complement complement system and regulates immune function and reactions immune function.





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CITRAMEDER B6 PLUS



Description: Food supplement based on magnesium and vitamin B6.

Directions for use / recommended dose: Take two (2) tablets daily, with half a glass of water (125 mL) and preferably on an empty stomach or as recommended by a professional.

Presentation: Bottles of 150 and 300 tablets of 820 mg.

Composition: Magnesium citrate, bulking agents (microcrystalline cellulose and dicalcium phosphate), coating: AquaPolish® F clear 099.28 MS (coating agent: hydroxypropyl methyl cellulose, anti-caking agents: microcrystalline cellulose and stearic acid), anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium salts of fatty acids) and pyridoxal 5'-phosphate (vitamin B6).

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	2 tablets	%NRV*
Magnesium	250 mg	66.70%
Vitamin B6	2 mg	142.86%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of younger children.

Properties and potential applications:

Citrameder B6 Plus contains easily absorbed organic magnesium citrate. In addition, it includes in its formulation pyridoxal phosphate, the metabolically active form of vitamin B6. The combination of both nutrients is essential for maintenance of good health.

Magnesium helps decrease tiredness and fatigue, normal protein synthesis and the process of cell division; contributes to the normal functioning of muscles and the nervous system, energy metabolism, electrolyte balance, maintain good psychological function and maintain bones and teeth in normal conditions.

Vitamin B6 helps decrease tiredness and fatigue, regulate hormonal activity and normal red blood cell formation. It contributes to the proper functioning of the immune system, the nervous system and normal psychological function, to normal energy metabolism, to the metabolism of proteins, glycogen, homocysteine and also cysteine.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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CLIMAPHYT®

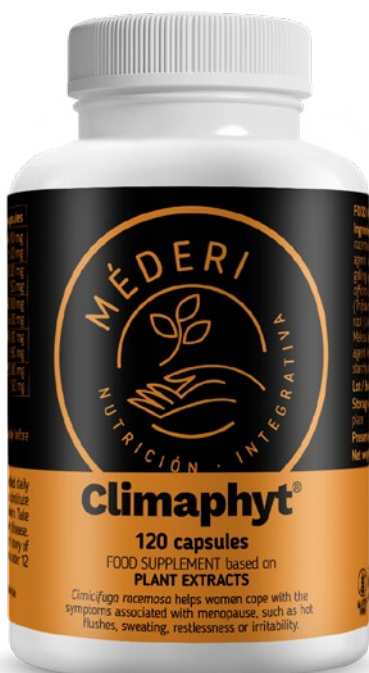
Description: Food supplement based on plant extracts.

Directions for use / recommended dose: Take four (4) capsules a day, preferably before meals or as recommended by a professional.

Presentation: Bottle of 120 capsules of 600 mg.

Composition: Dry extract of Cimicifuga root (*Cimicifuga racemosa*, 2.5 % triterpene glycosides), capsule (bulking agent: hydroxypropyl methylcellulose, purified water and gelling agent: Gellan gum), dry extract of Sage leaves and stem (*Salvia officinalis* L., 2.5 % rosmarinic acid), dry extract of red clover leaves (*Trifolium pratense* L., 8 % isoflavones), dry extract of Valerian root (*Valeriana officinalis* L., 0.3 % valerenic acids), dry extract of Melissa leaf (*Melissa officinalis* L., 2.5 % rosmarinic acid), bulking agent (Anhydrous dicalcium phosphate), bulking agent (corn starch) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	4 capsules
Cimicifuga root dry extract	600,00 mg
- Of which: 2.5 % triterpene glycosides	15,00 mg
Dry extract of Sage leaves and stem	300,00 mg
- Of which: 2.5 % rosmarinic acid	7,50 mg
Red clover leaf dry extract	300,00 mg
- Of which: 8 % isoflavones	24,00 mg
Valerian root dry extract	300,00 mg
- Of which: 0.3 % valerenic acids	0,90 mg
Melissa leaves dry extract	300,00 mg
- Of which: 2.5 % rosmarinic acid	7,50 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children. Take advice from a professional. Do not use in case of liver disease. Not recommended for use in women with a family history of breast cancer. Not recommended for use in children under 12 years of age.

Properties and possible uses:

Cimicifuga racemosa helps relieve the symptoms of menopause, helps maintain a calm and comfortable menopause, helps women cope with symptoms associated with menopause such as hot flushes, sweating, restlessness or irritability.

Salvia officinalis is traditionally used to support the well-being of women during menstruation and contributes to the comfort of menopause.

Trifolium pratense contributes to the well-being of women during menopause.

Valeriana officinalis contributes to the recovery of physical and mental well-being and support for mental well-being in cases of tension and stress.

Melissa officinalis contributes to maintaining the natural hormonal balance of the human body, helps maintain a positive mood and good cognitive functioning, contributes to optimal relaxation and mental and physical well-being.

COENZIMA Q10 MÉDERI



Description Food supplement based on coenzyme Q10 and medium chain triglycerides.

Directions for use / recommended dose: Take one (1) softgel a day with half a glass of water (125 mL), preferably with meals, or as recommended by a professional.

Presentation: Bottle of 60 softgel of 830 mg.

Composition: Medium chain triglycerides (MCT), coenzyme Q10 phospholipid Ubiqsome® (potato maltodextrin, coenzyme Q10, emulsifier [lecithins (sunflower)], bulking agent (hydroxypropyl methyl cellulose), anti-caking agent (silicon dioxide)) and emulsifier [lecithins (sunflower)]. Coating: Bovine gelatine, humectant (glycerin), water and colouring (red iron oxide).

Storage conditions: Store the container in a dry, cool place protected from sunlight.

Ingredients	1 softgel
Medium chain triglycerides	350 mg
Coenzyme Q10 phospholipid Ubiqsome®	150 mg
- Of which: Coenzyme Q10	30 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.



CORDYCEPS MÉDERI



Description Food supplement based on Cordyceps.

Directions for use / recommended dose: Take three (3) capsules a day, preferably before meals, or as recommended by a professional.

Presentation: Bottle of 90 vegetable capsules of 629 mg.

Composition: Organic Cordyceps dry extract (*Cordyceps sinensis*, mycelium), coating agent (capsule): hydroxypropyl methylcellulose and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Keep container tightly closed in a cool, dry place.

Ingredients	3 capsules
Organic Cordyceps dry extract	1,500.0 mg
Of which:	
- Total polysaccharides 30 %	450.0 mg
- Cordycepic acid 7 %	105.0 mg
- Adenosine 0.5 %	7.5 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplement should not be used as a substitute for a balanced diet. Keep out of reach of young children.



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CREATINA PLUS MÉDERI



Description: Food supplement based on creatine monohydrate, HMB, beta-alanine, L-Taurine, magnesium, vitamins and bamboo extract.

Directions for use / recommended dose: Take one (1) scoop per day or as recommended by a professional. Fill the scoop level, tap the full scoop to compact the powder slightly and finish filling it. Dilute in a glass of water, juice or vegetable drink (250 mL). Stir until dissolved and drink.

Presentation: Powder. Includes measuring scoop.

Composition: Creatine monohydrate, magnesium bisglycinate, L-ascorbic acid (vitamin C), thickener (gum arabic), 3-HMB-Ca monohydrate (calcium hydroxymethylbutyrate), natural citrus flavouring powder, B-Alanine, lemon flavouring powder, L-taurine, acidifier (citric acid), dry extract of bamboo stem (*Bambusa arundinacea*, 70 % silica) and nicotinamide (niacin).

Storage conditions: Store the container tightly closed in a dry, cool place away from sunlight.





Ingredients	1 scoop (7 g)	% NRV*
Creatine	3,000.0 mg	
Vitamin C	500.0 mg	625.0 %
Hydroxymethylbutyrate	250.0 mg	
B-Alanine	250.0 mg	
L-Taurine	250.0 mg	
Magnesium	150.0 mg	40.0 %
Dry extract of bamboo stem	70.0 mg	
- Of which: Silica	49.0 mg	
Niacin	25.0 mg NE	156.2 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.

Properties and possible applications:

Creatine improves physical performance in successive sets of short, high-intensity exercise. Daily consumption may enhance the effect of resistance training on muscle strength in adults over 55 years of age.

Magnesium helps to reduce tiredness and fatigue, normal protein synthesis and the process of cell division; it contributes to the normal functioning of muscles, the nervous system, energy metabolism, electrolyte balance and to the maintenance of good psychological function and the maintenance of normal bones and teeth.

Niacin (vitamin B3)) contributes to normal energy metabolism, normal nervous system function, normal psychological function and helps reduce tiredness and fatigue.

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise (the beneficial effect is obtained with an intake of 200 mg per day in addition to the recommended daily intake of vitamin C), to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, normal energy metabolism, normal functioning of the nervous system, normal psychological function, normal functioning of the immune system, protection of cells from oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E and improves iron absorption.

Bamboo (*Bambusa arundinacea*) is beneficial for the health, strengthening and maintenance of joints, cartilage and bones. It contributes to the constitution of cartilage and bones thanks to its silica content. Helps restore joint comfort and mobility. Helps support joint flexibility and mobility. Helps to relieve joint discomfort. Participates in bone remineralisation. Helps maintain joint mobility.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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CROMO MÉDERI



Description Food supplement based on chromium.

Directions for use / recommended dose: Take one (1) capsule a day, preferably with meals or according to professional recommendation.

Presentation: Bottle of 100 capsules of 600 mg.

Composition: Bulking agents (microcrystalline cellulose and calcium phosphate), capsule (coating agent: hydroxypropyl methylcellulose, purified water and gelling agent: Gellan gum), chromium picolinate and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Store in a cool, dry place.

Ingredients	1 capsule	% NRV*
Chromium	250 µg	625 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the stated recommended daily dose. Food supplement should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and possible applications: Chromium contributes to normal macronutrient metabolism and to maintaining normal blood glucose levels.

It is important to follow a varied and balanced diet and a healthy lifestyle.





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DHA PURE NPD1 400



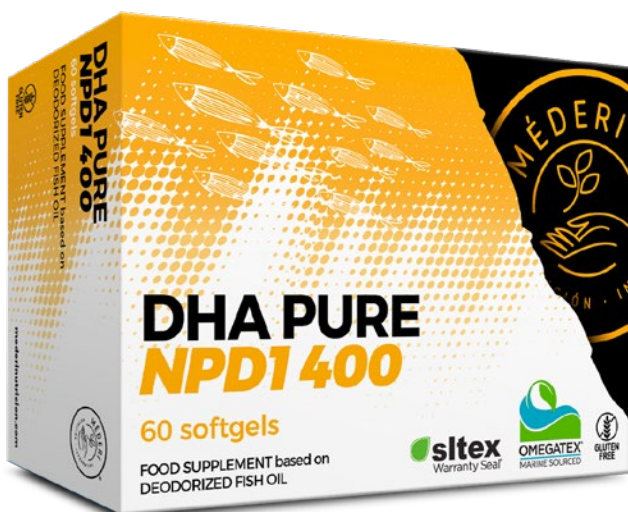
Description: Food supplement based on deodorized **FISH** oil treated with supercritical CO₂ technology (cold DHA extraction) to achieve the best quality standard allowed by current technology.

Directions for use / recommended dose: Take one (1) to four (4) softgels per day, preferably with meals, or as recommended by a professional.

Presentation: Case of 60 softgels with four (4) blister packs of 15 softgels of 732 mg

Composition: **FISH** oil and antioxidant (natural mixture of tocopherols). Coating: Bovine gelatin, humectant (vegetable glycerin) and water.

Storage conditions: Store in a cool, dry place protected from sunlight.





Ingredients	1 softgel	4 softgels
FISH Oil	527.0 mg	2,108.0 mg
Of which:		
- Omega 3 (min. 80% TG)	421.6 mg	1,686.4 mg
- DHA (min. 76% TG)	400.5 mg	1,602.1 mg
- EPA (max. 5% TG)	26.4 mg	105.4 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

People under medication with anticoagulants (Sintrom®) and those who are allergic to **FISH** should be careful when consuming Omega 3. Consultation with a professional is recommended.

Properties and possible applications:

Docosahexaenoic acid contributes to the maintenance of normal brain function and the maintenance of vision under normal conditions. The beneficial effect is obtained with a daily intake of 250 mg of docosahexaenoic acid.

Eicosapentaenoic and **docosahexaenoic acid** contribute to normal heart function. The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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DHA PURE NPD1 500 VEGAN



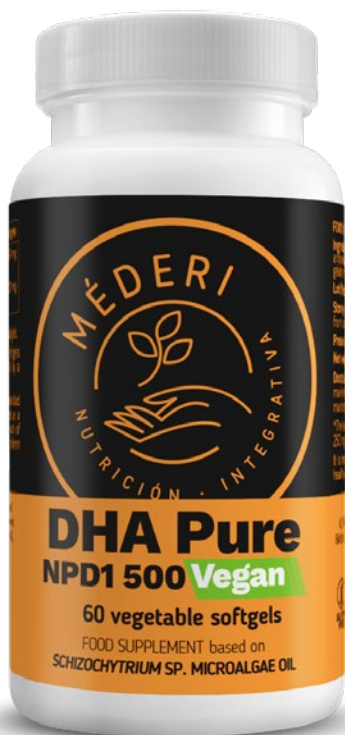
Description: Food supplement based on *Schizochytrium* sp. microalgae oil.

Directions for use / recommended dose: Take one (1) to two (2) softgels daily, preferably with meals or as recommended by a health care professional.

Presentation: Bottle of 60 softgels of 868.5 mg.

Composition: *Schizochytrium* sp. micro-Algae oil and antioxidant (D-alpha-tocopherol). Softgel: tapioca starch gelatine, humectant (vegetable glycerine) and water.

Storage conditions: Keep in a cool, dry place away from sunlight.





Ingredients	1 softgel	2 softgels
Oil from the micro-Algae <i>Schizochytrium</i> sp. - Of which: DHA (Docosahexaenoic acid)	625 mg 500 mg	1,250 mg 1,000 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Not for use by infants and children under 3 years of age.

Properties and possible applications:

Docosahexaenoic acid (DHA) contributes to normal brain function and to the maintenance of normal vision.*

* The beneficial effect is obtained with a daily intake of 250 mg of docosahexaenoic acid.



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DHA PURE NPD1 1000



Description: Food supplement based on deodorised **FISH** oil treated by supercritical CO₂ technology (cold extraction of DHA) to achieve the best quality standard allowed by current technology.

Directions for use / recommended dose: Take one (1) to four (4) softgels a day, preferably with meals, or as recommended by a professional.

Presentation: Bottle of 33, 66 and 132 softgels of 1,796 mg.

Composition: **FISH** oil and softgel (gelatine, humectant - vegetable glycerine - and water).

Storage conditions: Keep the container closed in a dry and cool place. Avoid direct exposure to sunlight.





Ingredients	1 softgel	2 softgels	3 softgels	4 softgels
FISH Oil	1,316.0 mg	2,632.0 mg	3,948.0 mg	5,264.0 mg
Of which:				
- Omega 3 (min. 80% TG)	1,052.8 mg	2,105.6 mg	3,158.4 mg	4,211.2 mg
- DHA (min. 76% TG)	1,000.0 mg	2,000.0 mg	3,000.0 mg	4,000.0 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

People on anticoagulant medication (Sintrom®) and those who are allergic to **FISH** should be careful when consuming Omega 3. Consultation with a professional is recommended.

Properties and possible applications:

Docosahexaenoic acid (DHA) helps maintain normal brain function and maintain vision under normal conditions.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
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DHA PURE NPD1 1000 ALGAE

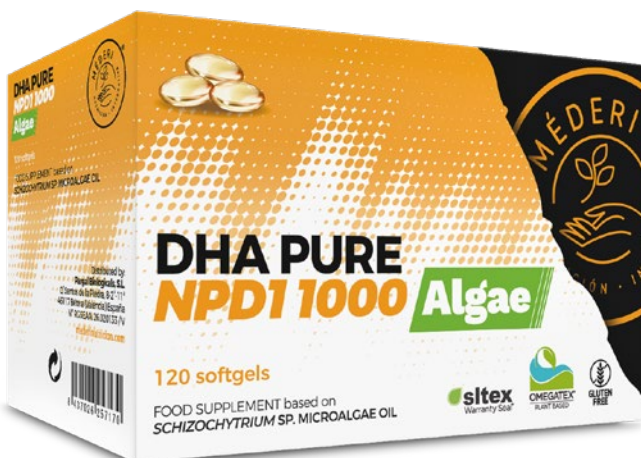
Description: Food supplement based on *Schizochytrium* sp. microalgae oil.

Directions for use / recommended dose: Take one (1) softgel a day, preferably with meals or according to professional recommendation.

Presentation: Box of 12 blisters with 120 softgels of 1,530 mg.

Composition: *Schizochytrium* sp. microalgae oil and antioxidant (D-alpha-tocopherol). Coating: bovine gelatine, humectant (vegetable glycerine) and water.

Storage conditions: Store in a cool, dry place away from sunlight.





Ingredients	1 softgel
Oil from the microalgae Schizochytrium sp.	1,250 mg
Of which: DHA (Docosahexaenoic acid)	1,000 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Not to be taken by infants or children under 3 years of age.

Properties and possible applications:

Docosahexaenoic acid (DHA) contributes to normal brain function and to the maintenance of normal vision.*

* The beneficial effect is obtained with a daily intake of 250 mg of docosahexaenoic acid.



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DORMED

(30 tablets)



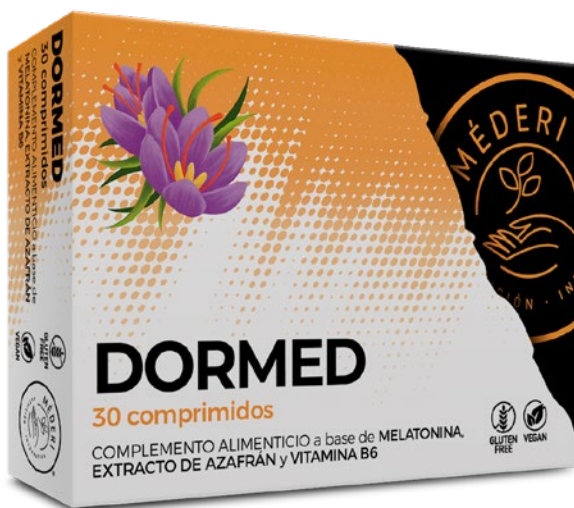
Description: Food supplement based on melatonin, saffron extract and vitamin B6.

Directions for use / recommended dose: Dissolve one tablet under the tongue 30 minutes before going to sleep, or according to professional recommendation.

Presentation: Box of 30 tablets of 250 mg.

Composition: Bulking agent (xylitol), corn maltodextrin, Affron® dry extract of Saffron stigmas ((*Crocus sativus* L., stigmas), 3.5% lepticrosalides), red fruit powder flavor, anti-caking agents (interlaced sodium carboxymethylcellulose and magnesium salts of fatty acids), melatonin and pyridoxine hydrochloride (vitamin B6).

Storage conditions: Store the container in a dry and cool place.



Affron®

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Ingredients	1 tablet	% NRV*
Dry extract of Saffron stigmas (Affron®):	28.00 mg	
- Of which: Lepticosalides	0.98 mg	
Melatonin	1.90 mg	
Vitamin B6	1.40 mg	100%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Excessive consumption may cause laxative effects.

Not recommended for pregnant and breastfeeding women, children and adolescents, people suffering from inflammatory diseases, autoimmune diseases, epilepsy, asthma, mood, behavioural or personality disorders, as well as people on medication. It is also not recommended for use by persons engaged in any activity requiring sustained alertness for whom drowsiness may be a safety concern.

Properties and potential applications:

Melatonin helps relieve the subjective feeling of (jet lag)* and helps reduce the time needed to fall asleep.**

Vitamin B6 contributes to normal energy metabolism, normal functioning of the nervous and immune systems, contributes to normal psychological function, helps reduce tiredness and fatigue and regulates hormonal activity.

*The beneficial effect is obtained with a minimum intake of 0.5 mg to be taken shortly before bedtime on the first day of travel and a few days after arrival at the destination.

**The beneficial effect is obtained with an intake of 1 mg of melatonin before going to sleep.



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DORMED

(60 cápsulas)



Description: Food supplement based on melatonin, saffron extract and vitamin B6.

Directions for use / recommended dose: Take one (1) capsule per day, 30 minutes before going to bed, or as recommended by a professional.

Presentation: Bottle of 60 capsules of 600 mg.

Composition: Corn starch, capsule (coating agent: hydroxypropyl methylcellulose, purified water and gelling agent: gellan gum), bulking agents (calcium phosphate), Affron® dry extract of saffron stigmas (*Crocus sativus* L., stigmas) 3.5% lepticrosalides), melatonin, pyridoxine hydrochloride (vitamin B6) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Store the container in a dry, cool place away from light.



Affron®

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Ingredients	1 capsule	% NRV*
Dry extract of Saffron stigmas (Affron®): - Of which: Lepticrosalides	28.00 mg 0.98 mg	
Melatonin	1.90 mg	
Vitamin B6	1.40 mg	100%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Not recommended for pregnant and breastfeeding women, children and adolescents, people suffering from inflammatory diseases, autoimmune diseases, epilepsy, asthma, mood, behavioural or personality disorders, as well as people on medication. It is also not recommended for use by persons engaged in any activity requiring sustained alertness for whom drowsiness may be a safety concern.

Properties and potential applications:

Melatonin helps relieve the subjective feeling of (jet lag)* and helps reduce the time needed to fall asleep.**

Vitamin B6 contributes to normal energy metabolism, normal functioning of the nervous and immune systems, contributes to normal psychological function, helps reduce tiredness and fatigue and regulates hormonal activity.

*The beneficial effect is obtained with a minimum intake of 0.5 mg to be taken shortly before bedtime on the first day of travel and a few days after arrival at the destination.

**The beneficial effect is obtained with an intake of 1 mg of melatonin before going to sleep.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
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ELIOSAN PLUS



Description: Food supplement based on plant extracts, astaxanthin, vitamins and minerals.

Directions for use / recommended dose: Take two (2) tablets daily, preferably outside of meals or as recommended by a recommendation of a professional.

Presentation: Case of 30 and 60 tablets of 1,160 mg.

Composition: Bulking agent (microcrystalline cellulose), magnesium citrate, dry extract of *Polypodium leucotomos* root, DL-alpha tocopheryl acetate (Vitamin E), oleoresin rich in astaxanthin from the algae *Haematococcus pluvialis*, PureWay-C® (ascorbic acid (vitamin C), fatty acids and citrus bioflavonoids), zinc bisglycinate, coating AquaPolish® D red 044.236 MS (coating agent: hydroxypropyl methylcellulose, stabiliser: hydroxypropylcellulose, anti-caking agent: talc, rice starch, humectant: polyethylene glycol, colouring agents: iron oxide red and iron oxide yellow), dry extract of microalgae *Tetraselmis chuii* (TetraSOD®), anti-caking agents (magnesium fatty acid salts and AEROSIL® 200 F (silicon dioxide)), retinyl acetate (Vitamin A), cholecalciferol (Vitamin D), copper gluconate, manganese sulphate, dry extract of *Tagetes erecta* flowers (5% Lutein), beta-carotene 10% (Vitamin A), sodium selenite and D-biotin (Biotin).

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients	2 tablets	% NRV*
<i>Polypodium leucotomos</i> root dry extract	200 mg	
Oleoresin from algae <i>Haematococcus pluvialis</i> - Of which: Astaxanthin	160 mg 4 mg	
Magnesium	150 mg	40 %
Vitamin E	100 mg α -TE	833 %
Vitamin C	100 mg	125 %
Dry extract of microalgae <i>Tetraselmis chuii</i>	30 mg	
Zinc	25 mg	250 %
Vitamin A	2,980 μ g	372.50 %
Copper	1 mg	100 %
Manganese	1 mg	50 %
Dry extract of <i>Tagetes erecta</i> flowers - Of which: Lutein	0.8 mg 0.04 mg	
Biotin	100 μ g	200 %
Beta-carotene - Of which: Vitamin A	0.064 mg 10.6 μ g	1.34 %
Vitamin D	50 μ g	1,000 %
Selenium	50 μ g	91 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Not to be taken if other food supplements containing astaxanthin esters are consumed on the same day. Not for use by infants and children under 10 years of age.

Properties and potential applications:

Vitamin C contributes to the normal formation of collagen for normal skin function.

Zinc, vitamin A and **biotin** contribute to the maintenance of normal skin condition.

Copper contributes to normal skin pigmentation.

Vitamin C, vitamin E, zinc, copper, selenium and **manganese** contribute to the protection of cells against oxidative damage.



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GASTRILEO®



Description: Food supplement based on plant extracts and vitamin C.

Directions for use / recommended dose: Take one (1) or two (2) tablets daily with a glass of water (250 mL), preferably outside of meals or as recommended by a healthcare professional.

Presentation: Bottle of 90 tablets of 1,000 mg.

Composition: Bulking agent (microcrystalline cellulose), dry extract of *Picrorhiza kurroa* root 8% kutkin, dry extract of bitter chamomile flowers (*Anthemis nobilis*), dry extract of deglycyrrhizinated liquorice root (*Glycyrrhiza glabra*, 2% glycyrrhizic acid), dry extract of broccoli inflorescence (*Brassica oleracea* L.), dry extract of Lion's Mane mushroom (*Hericium erinaceus*, 20 % polysaccharides), L-ascorbic acid (Vitamin C), dry extract of clove Endophyllene® S-PWD (*Syzygium aromaticum*, 30 % β -caryophyllene), coating: AquaPolish® F clear 099. 28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid) and anti-caking agents (vegetable magnesium stearate and AEROSIL® 200 F (silicon dioxide)).

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients	1 tablet	2 tablets
Dry extract of <i>Picrorhiza Kurroa</i> root - Of which: 8% kutkin	100.0 mg 8.0 mg	200.0 mg 16.0 mg
Dry extract of bitter chamomile flowers	100.0 mg	200.0 mg
Dry ext. of deglycyrrhizinated liquorice root - Of which: 2% glycyrrhizic acid	100.0 mg 2.0 mg	200.0 mg 4.0 mg
Dry extract of broccoli inflorescence - Of which: sulforaphane	100.0 mg 0.3 mg	200.0 mg 0.6 mg
Dry extract of Lion's Mane mushroom - Of which: 20% polysaccharides	100.0 mg 20.0 mg	200.0 mg 40.0 mg
Vitamin C	29.1 mg (36.4 %*)	58.2 mg (72.8 %*)
Dry extract of clove - Of which: β -Caryophyllene	25.0 mg 7.5 mg	50.0 mg 15.0 mg

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Do not use for more than 6 weeks without medical advice. Persons suffering from hypothyroidism or thyroid treatment should consult a doctor before taking this product.

Properties and possible applications:

Picrorhiza kurroa helps maintain healthy liver function, supporting digestion and body purification. It also supports the body's immune system and defences.

Vitamin C contributes to normal energy metabolism, to the protection of cells against oxidative damage, improves iron absorption and contributes to the normal functioning of the immune system.



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GLICINA MÉDERI (CAPSULES)



Description: Food supplement based on L-Glycine.

Directions for use / recommended dose: Take six (6) capsules per day, in one or more doses, with half a glass of water, preferably before meals or as recommended by a professional.

Presentation: Bottle of 240 capsules of 900 mg.

Composition: L-Glycine, capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (Gellan gum)), bulking agent (hydroxypropyl methylcellulose) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Store in a cool, dry place.

Ingredients	6 capsules
L-Glycine	4,500 mg

Warnings: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.





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GLICINA MÉDERI (POWDER)



Description: Food supplement based on L-Glycine.

Directions for use / recommended dose: Take once a day, preferably between meals. Fill the scoop to the 5 mL line (5 g) and add to a glass of water (250 mL). Stir vigorously until dissolved and drink.

Presentation: Powder. Contains 5 g measuring spoon.

Composition: L-Glycine and natural orange flavouring.

Storage conditions: Store in a cool, dry place away from light.

Ingredients	1 scoop (5 g)
L-Glycine	4,900 mg

Warnings: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.





MÉDERI
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HAIRPHYT



Descripción: Food supplement based on keratin, egg membrane, plant extracts, L-methionine, vitamins and minerals.

Directions for use / recommended dose: Take three (3) tablets a day, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Box of 60 and 120 tablets of 1,030 mg.

Composition: Bulking agent (microcrystalline cellulose), Cynatine® HNS hydrolyzed keratin, Ovoderm® EGG membrane (25 % elastin, 22 % collagen, 3 % hyaluronic acid), *Serenoa repens* berry dry extract (45 % fatty acids), Bamboo stem dry extract (*Bambusa arundinacea*, 70 % silica), dry extract of Amla Capros® fruit (*Phyllanthus emblica*, 60 % tannins), L-Methionine, D-alpha-tocopheryl acid succinate (Vitamin E), organic extract of powdered pea sprouts (*Pisum sativum*), zinc bisglycinate, nicotinamide (Niacin), coating: AquaPolish® F Clear 099. 28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium salts of fatty acids), sodium selenite and D-biotin (Biotin).

Storage conditions: Keep container tightly closed in a cool, dry place.

capros®
Heart Healthy Superfruit

Capros® is a trademark of
a Kerry Company

CYNATINE®
HNS

ovoderm®





Ingredients	3 tablets	% NRV*
Hydrolyzed keratin	500.0 mg	
EGG membrane	300.0 mg	
- Of which: 25 % elastin	75.0 mg	
- Of which: 22 % collagen	66.0 mg	
- Of which: 3 % hyaluronic acid	18.0 mg	
Dry extract of <i>Serenoa repens</i>	300.0 mg	
- Of which: 45 % fatty acids	135.0 mg	
Dry extract of Bamboo stems	200.0 mg	
- Of which: 70 % silica	137.0 mg	
Dry extract of Amla fruit	200.0 mg	
- Of which: 60 % tannins	120.0 mg	
L-Methionine	200.0 mg	
Vitamin E	100.0 mg α -TE	833.30 %
Organic extract of pea sprouts	100.0 mg	
Niacin	75.0 mg NE	468.75 %
Zinc	24.9 mg	249.75 %
Biotin	300.0 μ g	600.00 %
Selenium	150.0 μ g	272.73 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of small children. Not recommended for pregnant or lactating women.

Properties and possible applications:

Biotin, selenium and zinc contribute to the maintenance of normal hair.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
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HEMAFERRINA®



Description: Food supplement based on lactoferrin, betaine, inositol, choline, vitamins and minerals.

Directions for use / recommended dose: Take one (1) to three (3) tablets daily, preferably before each meal, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 90 tablets of 1,500 mg.

Composition: Iron pyrophosphate, bulking agent (microcrystalline cellulose), magnesium bisglycinate, inositol, choline bitartrate, L-ascorbic acid (vitamin C), bulking agent (dicalcium phosphate dihydrate), lactoferrin (**milk derivatives**), betaine HCl, DL-alpha-tocopheryl acetate (vitamin E), coating: AquaPolish® F clear 099. 28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), calcium D-pantothenate (pantothenic acid), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), nicotinamide (niacin), methylcobalamin (vitamin B12), cholecalciferol (vitamin D), pyridoxine hydrochloride (vitamin B6), anti-caking agents (vegetable magnesium stearate and AEROSIL® 200 F (silicon dioxide)), anhydrous copper sulphate, retinyl acetate (vitamin A), calcium L-methylfolate (folic acid) and D-biotin (biotin).

Storage conditions: Keep container tightly closed in a cool, dry place.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.





Ingredients	1 tablet	3 tablets
Inositol	100.0 mg	300.0 mg
Vitamin C	100.0 mg (125.00 %*)	300.0 mg (375.00 %*)
Lactoferrin	50.0 mg	150.0 mg
Betaine	49.6 mg	148.9 mg
Choline	41.1 mg	123.3 mg
Magnesium	40.0 mg (10.66 %*)	120.0 mg (32.00 %*)
Iron	28.0 mg (200.00 %*)	84.0 mg (600.00 %*)
Vitamin B1	10.0 mg (909.09 %*)	30.0 mg (2,727.27 %*)
Vitamin B2	10.0 mg (714.30 %*)	30.0 mg (2,142.86 %*)
Niacin	10.0 mg NE (62.50 %*)	30.0 mg NE (187.50 %*)
Pantothenic acid	10.0 mg (166.70 %*)	30.0 mg (500.00 %*)
Vitamin E	10.0 mg α -TE (83.33 %*)	30.0 mg α -TE (250.00 %*)
Vitamin B6	4.0 mg (285.71 %*)	12.0 mg (857.14 %*)
Copper	1,000.0 μ g (100.00 %*)	3,000.0 μ g (300.00 %*)
Vitamin A	300.3 μ g RE (37.54 %*)	900.9 μ g RE (112.61 %*)
Folic acid	100.0 μ g (50.00 %*)	300.0 μ g (150.00 %*)
Biotin	30.0 μ g (60.00 %*)	90.0 μ g (180.00 %*)
Vitamin D	20.0 μ g (400.00 %*)	60.0 μ g (1,200.00 %*)
Vitamin B12	10.0 μ g (400.00 %*)	30.0 μ g (1,200.00 %*)

*NRV: Nutrient Reference Value for vitamins and minerals.

Properties and possible applications:

Iron contributes to the normal formation of red blood cells and haemoglobin, to normal cognitive function, to normal energy metabolism, to normal oxygen transport in the body, to the normal functioning of the immune system and helps to reduce tiredness and fatigue.

Thiamine (vitamin B1) contributes to normal energy metabolism, normal psychological function, and normal functioning of the nervous system and heart.

Riboflavin (vitamin B2) contributes to the maintenance of red blood cells under normal conditions, the normal metabolism of iron and the normal functioning of the nervous system. In addition, it contributes to the protection of cells against oxidative damage and helps reduce tiredness and fatigue.

Niacin (vitamin B3) contributes to normal energy metabolism, normal functioning of the nervous system, normal psychological function and helps reduce tiredness and fatigue.

Pantothenic acid (vitamin B5) contributes to normal energy metabolism, normal intellectual performance, the synthesis and normal metabolism of steroid hormones, vitamin D and some neurotransmitters and helps reduce tiredness and fatigue.



Vitamin B6 contributes to the normal formation of red blood cells, normal energy metabolism, normal functioning of the nervous system and the immune system and helps reduce tiredness and fatigue and regulate hormonal activity.

Folate (vitamin B9) contributes to the growth of maternal tissues during pregnancy, to the normal formation of blood cells, to the normal functioning of the immune system and helps reduce tiredness and fatigue.

Vitamin B12 contributes to the normal formation of red blood cells, normal energy metabolism, normal functioning of the nervous system and the immune system and helps reduce tiredness and fatigue.

Vitamin C improves the absorption of iron and contributes to the normal functioning of the immune and nervous systems, to normal energy metabolism, to the protection of cells against oxidative damage and helps reduce tiredness and fatigue.

Vitamin A contributes to the normal metabolism of iron, the process of cell differentiation and the normal functioning of the immune system.

Vitamin E contributes to the protection of cells against oxidative damage.

Vitamin D contributes to the process of cell division and the normal functioning of the immune system.

Magnesium contributes to normal energy metabolism, normal functioning of the nervous system, normal protein synthesis, normal psychological function and helps reduce tiredness and fatigue.

Copper contributes to the normal transport of iron in the body, to normal energy metabolism, to the normal functioning of the nervous and immune systems and to the protection of cells against oxidative damage.



MÉDERI
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HEPAFINE



Description: Food supplement based on plant extracts, minerals and choline.

Directions for use / recommended dose: Take six (6) tablets daily divided into three (3) doses, preferably before meals, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Boxes of 90, 180 and 360 gastro-resistant tablets of 1,075 mg.

Composition: Bulking agent (microcrystalline cellulose), dry extract of *Picrorhiza kurroa* root (8% kutkin), dry extract of milk thistle seeds (*Silybum marianum* L., 80% silymarin, 30% silybin), dry extract of artichoke leaves (*Cynara scolymus* L., 2.5% cynarin), dry extract of Schisandra fruit (*Schisandra chinensis*, 2% schisandrins), *Cordyceps sinensis* powder (7% polysaccharides), choline bitartrate, dry extract of dandelion root (*Taraxacum officinale* L., 2% inulin), dry extract of Desmodium leaves (*Desmodium adscendens* DC.), Eudraguard® biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium stearate), sodium molybdate and sodium selenite.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	1 tablet	6 tablets
Dry extract of root of <i>Picrorhiza Kurroa</i> - Of which: 8% kutkin	125.00 mg 10.00 mg	750.00 mg 60.00 mg
Dry extract of milk thistle seeds - Of which: 80% silymarin	100.00 mg 80.00 mg	600.00 mg 480.00 mg
Dry extract of artichoke leaves - Of which: 2.5% cynarin	100.00 mg 2.50 mg	600.00 mg 15.00 mg
Dry extract of Schisandra fruit - Of which: 2% schisandrins	100.00 mg 2.00 mg	600.00 mg 12.00 mg
<i>Cordyceps sinensis</i> powder - Of which: 7% polysaccharides	100.00 mg 7.00 mg	600.00 mg 42.00 mg
Choline bitartrate - Of which: choline	100.00 mg 41.10 mg	600.00 mg 246.60 mg
Dry extract of Dandelion root - Of which: 2% inulin	75.00 mg 1.50 mg	450.00 mg 9.00 mg
Dry extract Desmodium leaf	75.00 mg	450.00 mg
Molybdenum	4.16 µg (8.32%*)	24.96 µg (49.92%*)
Selenium	4.16 µg (7.56%*)	24.96 µg (45.38%*)

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children. Not recommended for use in people treated with anticoagulants.

Properties and possible applications:

Picrorhiza kurroa helps maintain healthy liver function, supporting digestion and body purification. It also supports the body's immune system and defences.

Dandelion (*Taraxacum officinale*) contributes to the functions of the intestinal tract. It helps the physiological balance of the stomach pH.

Milk thistle (*Silybum marianum*) contributes to the protection of the liver and its detoxifying potential. It helps maintain liver function and also promotes digestion and purification of the body. Useful for maintaining the physiological purification functions.

Artichoke (*Cynara scolymus*) helps detoxify and maintain the flow of digestive juice, keeping the liver healthy and contributing to intestinal well-being.

Schisandra chinensis is useful for maintaining the physiological depurative functions.

Desmodium adscendens improves liver function thanks to its hepatoprotective effect.

Selenium contributes to the normal functioning of the immune system and to the protection of cells against oxidative damage.

Molybdenum contributes to the normal metabolism of sulfur amino acids.



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KADE-VIT MÉDERI



Description: Food supplement based on vitamins.

KADE-Vit from Méderi contains all four (4) fat-soluble vitamins (K, A, D and E) in a proportion suitable for safe intake. Fat-soluble vitamins are stored in the body's fatty tissue and for optimal absorption they should be ingested with meals containing some dietary fat. Maintaining correct values of these vitamins is essential for various functions of the body.

Directions for use / recommended dose: Take one (1) softgel a day, preferably with meals, or according to professional recommendation.

Presentation: Bottle of 90 softgels of 774 mg.

Composition: D-alpha-tocopherol (vitamin E), extra virgin olive oil, retinyl palmitate (vitamin A), cholecalciferol (vitamin D) and menaquinone-7 (vitamin K). Coating: bovine gelatin, humectant (vegetable glycerin) and water.

Storage conditions: Keep the container tightly closed in a dry place, cool and protected from sunlight.





Ingredients	1 softgel	% NRV*
Vitamin E	270.00 mg (402.30 UI)	2,250.00 %
Vitamin A	1,500.00 µg (4,999.5 UI)	187.50 %
Vitamin D	83.20 µg (3,328 UI)	1,664.00 %
Vitamin K	100.00 µg	133.33 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of younger children.

Properties and possible applications:

Vitamin K contributes to normal blood clotting and bone maintenance under normal conditions.

Vitamin A contributes to the normal metabolism of iron, the maintenance of vision, skin and mucous membranes under normal conditions, the normal functioning of the immune system and the process of cell differentiation.

Vitamin D contributes to the normal absorption and use of calcium and phosphorus, the maintenance of normal blood calcium levels, the maintenance of bones and teeth under normal conditions, the normal functioning of muscles and the immune system, and the process of cell division.

Vitamin E contributes to the protection of cells against oxidative damage.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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L-GLUTAMINA 5000 MEDERI



Description: Food supplement based on glutamine.

Directions for use / recommended dose: Take 1 scoop daily or as directed by a healthcare professional. Fill the scoop to the 9 ml (5 g) mark and dissolve in a glass of water, juice, or plant-based beverage (250 ml). Stir until dissolved and consume.

Presentation: Powder. Includes a 5 g measuring spoon.

Composition: L-Glutamine Kyowa Quality®.

Storage conditions: Keep the container tightly closed in a cool, dry place, protected from sunlight.

Ingredients	1 scoop (5 g)
L-Glutamine	5,000 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet and a healthy lifestyle. Keep out of reach of young children.



Kyowa Quality® and the KQ
Logo are registered trademarks
of KYOWA HAKKOBIO CO., LTD.

Ingredients	1 softgel	% NRV*
Vitamin E	300 mg α-TE (300 UI)	2,500.0%
Vitamin A	3,000 µg RE (10,000 UI)	375.0%
Vitamin D	100 µg (4,000 UI)	2,000.0%
Vitamin K	100 µg	133.3%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and possible applications:

Vitamin K contributes to normal blood clotting and bone maintenance under normal conditions.

Vitamin A contributes to the normal metabolism of iron, the maintenance of vision, skin and mucous membranes under normal conditions, the normal functioning of the immune system and the process of cell differentiation.

Vitamin D contributes to the normal absorption and use of calcium and phosphorus, the maintenance of normal blood calcium levels, the maintenance of bones and teeth under normal conditions, the normal functioning of muscles and the immune system, and the process of cell division.

Vitamin E contributes to the protection of cells against oxidative damage.



MÉDERI
NUTRICIÓN INTEGRATIVA
mederinutricion.com

L-LISINA MÉDERI



Description: Food supplement based on L-Lysine.

Directions for use / recommended dose: Take one (1) tablet per day half an hour before meals, with water or juice, or as recommended by a professional.

Presentation: Bottle of 90 tablets of 1,420 mg.

Composition: L-Lysine HCl, bulking agents (microcrystalline cellulose and dicalcium phosphate dihydrate), coating: AquaPolish® F clear 099.28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid) and anti-caking agents (magnesium salts of fatty acids and AEROSIL® 200 F (silicon dioxide)).

Storage conditions: Keep the container closed in a dry and cool place.

Ingredients	1 tablet
L-Lysine	1,000 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.





MÉDERI
NUTRICIÓN INTEGRATIVA
mederinutricion.com

L-TAURINA MÉDERI



Description: Food supplement based on L-Taurine.

Directions for use / recommended dose: Take two (2) capsules a day, with half a glass of water (125 mL), preferably with meals, or as recommended by a professional.

Presentation: Bottle of 180 vegetable capsules of 820 mg.

Composition: L-Taurine, bulking agent (microcrystalline cellulose), capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (Gellan gum)), bulking agent (calcium phosphate dihydrate) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep container tightly closed in a cool, dry place.

Ingredients	2 capsules
L-Taurine	1,000 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Keep out of the reach of young children.





MÉDERI
NUTRICIÓN INTEGRATIVA
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L-TIROSINA MÉDERI



Description: Food supplement based on L-Tyrosine, iron, zinc and selenium.

Directions for use / recommended dose: Take one (1) or two (2) capsules daily, with half a glass of water (125 mL), preferably outside of meals, or as recommended by a healthcare practitioner.

Presentation: Bottle of 60 vegetable capsules of 700 mg.

Composition: L-Tyrosine, capsule: coating agent (hydroxypropyl methylcellulose), bulking agent (microcrystalline cellulose), Ferrochel® (ferrous bisglycinate, acidifier (citric acid), maltodextrin, anti-caking agent (silicon dioxide)), zinc citrate, anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium salts of fatty acids) and sodium selenite.

Storage conditions: Keep the container in a cool, dry place.





Ingredients	2 capsules	% NRV*
L-Tyrosine	1,000 mg	
Iron	6 mg	42.86%
Zinc	6 mg	60.00%
Selenium	20 µg	36.36%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and possible applications:

Iron contributes to normal red blood cell and hemoglobin formation, normal cognitive function, normal energy metabolism, normal oxygen transport in the body, normal functioning of the immune system, normal cell division and helps to reduce tiredness and fatigue.

Zinc contributes to the normal functioning of the immune system, to the protection of cells against oxidative damage, to the process of cell division, to normal cognitive function, to the maintenance of normal bones, nails and skin, to normal macronutrient metabolism and to normal protein synthesis.

Selenium contributes to the normal functioning of the immune system, to the maintenance of normal hair and nails, to normal thyroid function and to the protection of cells against oxidative damage.



MÉDERI
NUTRICIÓN INTEGRATIVA
mederinutricion.com

LACTOFERRINA MÉDERI



Description: Food supplement based on lactoferrin.

Directions for use / recommended dose: Take one (1) capsule a day, preferably before meals, or as recommended by a professional.

Presentation: Bottle of 60 vegetable capsules of 605 mg.

Composition: NatraFerrin® lactoferrin (95 % lactoferrin) (**MILK derivatives**), capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (Gellan gum)), and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep the container in a cool, dry place.

Ingredients	1 capsule
Lactoferrin	500 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.



**NATRA
FERRIN**
DISCOVER THE DIFFERENCE



MCT C8 PURE 100% ÁCIDO CAPRÍLICO MÉDERI



Description: Food supplement based on organic coconut oil.

Directions for use / recommended dose: Add one serving dose of 15 mL to any drink or food. Alternatively, it can be consumed directly. Do not use the oil for high temperature cooking, such as fryin.

Presentation: 500 mL bottle of organic coconut oil.

Composition: Organic Coconut MCT oil (Caprylic acid triglycerides C8).

Storage conditions: Keep the container tightly closed in a dry, cool place away from sunlight.

Ingredients	15 mL
Organic Coconut MCT oil	15 mL

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Keep out of the reach of young children.





MÉDERI
NUTRICIÓN INTEGRATIVA
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MEDERAMIN



VEGETARIAN

Description: Food supplement based on amino acids and vitamin B6.

Directions for use/recommended dose: Take three (3) to five (5) tablets a day, with a glass of water (250 mL) or according to professional recommendation.

Presentation: Bottle of 240 tablets of 1,300 mg.

Composition: BCAA 2:1:1 (L-Leucine, L-Valine, L-Isoleucine), bulking agent (microcrystalline cellulose), L-Lysine HCl, L-Phenylalanine, L-Threonine, L-Histidine, L-Valine, L-Tryptophan, L-Isoleucine, L-Methionine, anti-caking agent: AEROSIL® 200 F (silicon dioxide), coating: AquaPolish® F Clear 099. 28 MS [coating agent (hydroxypropyl methylcellulose), anti-caking agents (microcrystalline cellulose and stearic acid)], anti-caking agent (magnesium salts of fatty acids) and pyridoxine hydrochloride (Vitamin B6).

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients	3 tablets	5 tablets
L-Leucine	600 mg	1,000 mg
L-Valine	465 mg	775 mg
L-Lysine	420 mg	700 mg
L-Isoleucine	390 mg	650 mg
L-Phenylalanine	330 mg	550 mg
L-Threonine	330 mg	550 mg
L-Histidine	300 mg	500 mg
L-Tryptophan	105 mg	175 mg
L-Methionine	75 mg	125 mg
Vitamin B6	3 mg (*214.29 %)	5 mg (*357.15%)

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the recommended daily dose. The food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. Not to be taken by pregnant women, or by those who are being treated with antidepressants or treated with antidepressants or who suffer from kidney failure.

Properties and potential applications:

Vitamin B6 contributes to normal cysteine synthesis, normal energy metabolism, normal functioning of the nervous system, normal homocysteine, protein and glycogen metabolism. Contributes to normal psychological function, normal red blood cell formation and normal functioning of the immune system. It helps to reduce tiredness and fatigue and to regulate hormone activity.



MÉDERI
NUTRICIÓN INTEGRATIVA
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MEDERCOL®



Description: Food supplement based on plant extracts, monacolin K, *Lactobacillus reuteri*, niacin, coenzyme Q10 and chromium.

Directions for use/recommended dose: Take one (1) tablet daily with a glass of water (250 mL) preferably outside of meals, or as recommended by a professional.

Presentation: Box of 60 tablets with four (4) blister packs of 15 tablets each.

Composition: Bulking agent (microcrystalline cellulose), dry extract of Guggul resin (*Commiphora mukul Engl.*, 2.5% sterols), dry extract of granular *Berberis aristata* bark (*Berberis aristata*), dry extract of olive leaf (*Olea europaea L.*, 40% oleuropein), dry extract of olive fruit MEDITEANOX® (*Olea europaea L.*, 7% hydroxytyrosol), fermented red yeast of rice (*Monascus purpureus*, 5% monacolina K), *Lactobacillus reuteri*, nicotinamide (niacin), dry extract of sugarcane stem juice (*Saccharum officinarum L.*, 10% octacosanol, 98% policosanol), coating: AquaPolish® F clear 099.28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), coenzyme Q10, anti-caking agents (vegetable magnesium stearate and AEROSIL® 200 F (silicon dioxide)) and chromium picolinate.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	1 tablet	% NRV*
Dry extract of Guggul resin - Of which: sterols	250.00 mg 6.25 mg	
Dry extract of <i>Berberis aristata</i> bark - Of which: berberine HCl	200.00 mg 194.00 mg	
Dry extract of olive leaf - Of which: oleuropein	100.00 mg 40.00 mg	
Dry extract of olive fruit - Of which: hydroxytyrosol	100.00 mg 7.00 mg	
Red fermented rice yeast - Of which: total monacolins - Of which: Monacolin K	50.43 mg 2.90 mg 2.52 mg	
<i>Lactobacillus reuteri</i>	3x10 ⁹ UFC	
Niacin	30.00 mg NE	187.5%
Dry extract of sugar cane stalk juice - Of which: policosanol	20.41 mg 20.00 mg	
Coenzyme Q10	9.95 mg	
Chromium	20.00 µg	50.0%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of younger children. The daily amount of 3 mg monacolins from red yeast fermented rice or more should not be consumed. It must not be consumed by pregnant or lactating women, children and adolescents under 18 or adults over 70. If you experience any health problems, consult your doctor about the use of this product. It should not be taken with cholesterol-lowering medication. It should not be taken if other products containing red yeast rice are already consumed.

Properties and potential applications:

Berberine (*Berberis aristata*) helps maintain a normal cholesterol level and helps lower blood triglyceride levels.

Guggul (*Commiphora mukul*) helps maintain normal blood lipid levels and maintains healthy cholesterol levels in the human body.

Niacin contributes to normal energy metabolism, normal functioning of the nervous system, normal psychological function, maintenance of the skin and mucous membranes under normal conditions and helps decrease tiredness and fatigue.

Chromium contributes to normal macronutrient metabolism and the maintenance of normal blood glucose levels.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
NUTRICIÓN INTEGRATIVA
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MEDERDIGEST



Description: Food supplement based on enzymes and chamomile.

Directions for use / recommended dose: Take two (2) tablets a day with a glass of water (250 mL), preferably with meals, or as recommended by a professional.

Presentations: Box of 45 and 90 tablets of 974 mg.

Composition: Bulking agent (microcrystalline cellulose), Enzi-mix[®] enzyme blend (amylase, protease, glucoamylase, lipase, cellulase, lactase, pectinase), betaine HCl, glazing agent (hypromellose, cellulose and stearic acid), dry extract of chamomile flowers (*Matricaria chamomilla*, 0,3 % apigenin), papain, bromelain, bulking agent (hydroxypropyl methylcellulose), anti-caking agent (magnesium salts of fatty acids), pepsin, trypsin+chymotrypsin 6:1 and anti-caking agent (AEROSIL[®] 200 F (silicon dioxide)).

Storage conditions: Store in a cool, dry place.





Ingredients	1 tablet	2 tablets
Enzi-mix®	200 mg	400 mg
- Of which:		
Amylase	6,000 DU	12,000 DU
Protease	12,000 HUT	24,000 HUT
Glucoamylase	8 AGU	16 AGU
Lipase	450 FCC FIP	900 FCC FIP
Cellulase	1,200 CU	2,400 CU
Lactase	2,000 ALU	4,000 ALU
Pectinase	28 endo-PGU	56 endo-PGU
Betaine	150 mg	300 mg
Papain	60 mg (360,000 USP)	120 mg (720,000 USP)
Dry extract of chamomile flowers	60 mg	120 mg
- Of which: Apigenine	0.18 mg	0.36 mg
Bromelain	29 mg (72 GDU)	58 mg (144 GDU)
Pepsin	15.5 mg (140,000 UI)	31 mg (280,000 UI)
Trypsin+chymotrypsin (6:1)	10 mg (28,000 USP)	20 mg (56,000 USP)

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. It is important to maintain a varied and balanced diet and a healthy lifestyle. Keep out of the reach of young children.

Properties and potential applications:

Chamomile helps support the treatment of gastrointestinal complaints such as minor spasms, epigastric distension, flatulence and belching.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
NUTRICIÓN INTEGRATIVA
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MEDER-FLU®



Description: Food supplement based on plant extracts, vitamin C, vitamin A and essential oils.

Directions for use/recommended dose: Take the tablets and softgels with a glass of water (250 mL) before meals.

- **Preventive use:** Two (2) tablets and two (2) softgels per day. Follow the advice of a health professional on the duration of treatment.

- **Shock dose:** Six (6) tablets and six (6) pearls per day divided into three intakes (morning, noon and night) for 10 to 15 days, or as recommended by a professional.

Presentation: Box of fourteen (14) blister packs.

- Seven (7) blister packs of 15 tablets of 1,350.3 mg.
- Seven (7) blisters of 15 softgels of 740 mg.

Both tablets and softgels are gastro-resistant. They protect the active ingredients from degradation caused by the acidic pH of the stomach and prevent reflux and undesirable flavours. They increase the bioavailability of the product by releasing their contents directly into the small intestine.





Composition:

GASTRO-RESISTANT TABLETS: Bulking agent: microcrystalline cellulose, dry extract of Rockrose (*Cistus x incanus* L.), organic extract of Chaga (*Inonotus obliquus*, whole plant), organic extract of Sun Mushroom (*Agaricus blazei*, whole plant), dry extract of the fruit of Elderberry 1% rutin (*Sambucus nigra* L.), dry extract of aerial parts of *Drosera rotundifolia* 4:1 (*Drosera rotundifolia*), coating agent: Eudraguard® biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), L-ascorbic acid (vitamin C), anti-caking agents (magnesium salts of fatty acids and AEROSIL® 200 F (silicon dioxide)) and retinyl acetate (vitamin A).

GASTRO-RESISTANT SOFTGELS: Black cumin oil (*Nigella sativa*), Eucalyptus essential oil (*Eucalyptus globulus*), Ravintsara essential oil (*Cinnamomum Camphora Formosana*), Scots pine essential oil (*Pinus sylvestris*), Oregano essential oil (*Origanum vulgare*), Badian Star anise essential oil (*Illicium verum*), Lemon essential oil (*Citrus limon*). Coating: Bovine gelatine, moisturizers (vegetable glycerin and sorbitol), water.

Storage conditions: Keep the container closed in a dry and cool place.

Ingredients gastro-resistant tablets:

Ingredients	2 tablets	% NRV*	6 tablets	% NRV*
Dry extract of Rockrose	340 mg		1,020 mg	
Organic extract of Chaga	300 mg		900 mg	
Organic extract of Sun Mushroom	300 mg		900 mg	
Dry extract of Elderberry	300 mg		900 mg	
Dry extract of <i>Drosera rotundifolia</i>	120 mg		360 mg	
Vitamin C	40 mg	50%	120 mg	150%
Vitamin A	1,000 µg RE	125%	3,000 µg RE	375%

*NRV: Nutrient Reference Value for vitamins and minerals.

Ingredients gastro-resistant softgels

Ingredients	2 softgels	6 softgels
Black cumin oil	700 mg	2,100 mg
Eucalyptus essential oil	50 mg	150 mg
Ravintsara essential oil	50 mg	150 mg
Wild pine essential oil	50 mg	150 mg
Oregano essential oil	50 mg	150 mg
Badian Star Anise essential oil	50 mg	150 mg
Lemon essential oil	50 mg	150 mg



Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Not recommended for children, adolescents, pregnant or breastfeeding women. You should consult with a health professional. Not recommended for people under antihypertensive treatment as it contains *Cistus x incanus* L.

Properties and potential applications:

Vitamin C and **vitamin A** contribute to the normal functioning of the immune system.

The Sun Mushroom (*Agaricus blazei murill*) helps the defences naturally. It is rich in beta-glucans that contribute to a normal immune response.

Drosera rotundifolia helps normal airway function and maintains bronchial health. It keeps an optimal immune balance in the respiratory tract. In addition, it has a calming effect in case of irritation of the throat, pharynx and vocal cords.

Elderberry (*Sambucus nigra* L.) helps support the immune system.

Oregano (*Origanum vulgare*) promotes the health of the respiratory organs. It contains herbs with reducing properties of bronchial inflammation and improves immunity.

Wild pine (*Pinus sylvestris*) facilitates breathing. It decongests the throat and blocked respiratory tract and helps clean the nose and breathe more freely.

Eucalyptus (*Eucalyptus globulus*) provides relief and soothing effect in case of throat and pharyngeal irritation.

Star Anise (*Illicium verum*) relieves the respiratory tract. It provides support and soothing effect in case of tingling and scratching in the throat. In addition, it supports the immune system by contributing to the body's natural defences.

MEDERIMAX



Description: Food supplement based on vitamins, minerals, L-leucine, choline, inositol and coenzyme Q10.

Directions for use / recommended dose: Take three (3) capsules a day, preferably before meals, or according to professional recommendation.

Presentation: Bottle of 90 capsules of 820 mg.

Composition: Magnesium bisglycinate, vegetable capsule (coating agent: hydroxypropyl methylcellulose and coloring agent: Iron oxide), choline bitartrate, calcium carbonate, DL-alpha tocopheryl acetate (vitamin E), L-Leucine, L-ascorbic acid (vitamin C), coenzyme Q10, bulking agent (calcium phosphate dihydrate), inositol, zinc citrate, bulking agent (microcrystalline cellulose), ferrous fumarate, manganese citrate, thiamine hydrochloride (vitamin B1), menaquinone-7 (vitamin K), selenium-enriched yeast, boric acid, D-calcium pantothenate (pantothenic acid), riboflavin (vitamin B2), nicotinamide (niacin), cholecalciferol (vitamin D), anti-caking agent (magnesium salts of fatty acids), pyridoxal 5'-phosphate (vitamin B6), retinyl acetate (vitamin A), cupric citrate, phylloquinone (vitamin K), sodium molybdate, (6S)- 5 methyltetrahydrofolic acid - glucosamine salt (folic acid), chromium picolinate, potassium iodide and methylcobalamin (vitamin B12).

Storage conditions: Store in a cool, dry place.





Ingredients	3 capsules	% NRV*
Choline bitartrate	300.00 mg	
- Of which: Choline	121.0 mg	
L-Leucine	150.00 mg	
Vitamin C	150.00 mg	187.50 %
Calcium	120.00 mg	15.00 %
Coenzyme Q10	112.50 mg	
Magnesium	75.00 mg	20.00 %
Vitamin E	75.00 mg α-TE	625.00 %
Inositol	75.00 mg	
Zinc	15.00 mg	150.00 %
Iron	15.00 mg	107.14 %
Vitamin B1	15.00 mg	1,363.63 %
Vitamin B2	15.00 mg	1,071.43 %
Niacin	15.00 mg NE	93.75 %
Pantothenic acid	15.00 mg	250.00 %
Vitamin B6	6.00 mg	428.57 %
Manganese	4.50 mg	225.00 %
Boron	3.00 mg	
Copper	0.31 mg	31.00 %
Vitamin A	750.00 µg RE	93.75 %
Folic acid	162.00 µg	81.00 %
Iodine	114.67 µg	76.00 %
Vitamin K	75.00 µg	100.00 %
Selenium	37.50 µg	68.18 %
Vitamin D	37.50 µg	750.00 %
Chromium	30.00 µg	75.00 %
Vitamin B12	29.40 µg	1,176.00 %
Molybdenum	15.60 µg	31.20 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and possible applications:

Vitamin B1, B2, B6, niacin, biotin and vitamin B12 contribute to normal energy metabolism and normal functioning of the nervous system.

Vitamin B2, niacin and biotin contribute to the maintenance of normal skin and mucous membranes.

Vitamin B6, B12, choline and folates contribute to normal homocysteine metabolism.

Vitamin B1, B6, B12, niacin, biotin and folates contribute to normal psychological function.

Vitamin B6 and B12 contribute to normal red blood cell formation and normal functioning of the immune system.

Vitamin B2, B6, B12, niacin, pantothenic acid and folates help to reduce tiredness and fatigue.

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy



metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps to reduce tiredness and fatigue, helps to regenerate the reduced form of vitamin E and to the improvement of iron absorption.

Vitamin K contributes to normal blood clotting and to the maintenance of normal bones.

Vitamin A contributes to normal iron metabolism, to the maintenance of normal vision, skin and mucous membranes, to the normal functioning of the immune system and to the process of cell differentiation.

Vitamin D contributes to the normal absorption and utilization of calcium and phosphorus, to the maintenance of normal blood calcium levels, to the maintenance of normal bones and teeth, to the normal functioning of muscles and the immune system, and to the process of cell division.

Vitamin E contributes to the protection of cells against oxidative damage.

Magnesium helps to reduce tiredness and fatigue, to normal protein synthesis and cell division process; it contributes to the normal functioning of muscles and nervous system, to energy metabolism, to electrolyte balance, to maintain a good psychological function and to the maintenance of bones and teeth in normal conditions.

Iron contributes to normal energy metabolism, normal cognitive function, normal functioning of the immune system, helps reduce tiredness and fatigue and contributes to the process of cell division.

Zinc contributes to the maintenance of normal bones, to the normal functioning of the immune system, to the protection of cells against oxidative damage and to the process of cell division.

Copper contributes to the maintenance of normal connective tissue, normal energy metabolism, normal functioning of the nervous system, normal functioning of the immune system and protection of cells against oxidative damage.

Selenium contributes to the normal functioning of the immune system and to the protection of cells against oxidative damage.

Manganese contributes to normal energy metabolism, to the maintenance of normal bones, to the normal formation of connective tissue and to the protection of cells against oxidative damage.

Calcium is necessary for the maintenance of normal bones and teeth and for normal bone growth and development in children. It contributes to the normal functioning of muscles, neurotransmitters and digestive enzymes, normal blood clotting and normal energy metabolism.

Iodine contributes to normal thyroid hormone production and normal thyroid function, normal functioning of the nervous system, normal energy metabolism, maintenance of normal skin condition, normal cognitive function and normal growth in children.

It is important to follow a varied and balanced diet and a healthy lifestyle.

MEDEROBEX



Description: Food supplement based on plant extracts, niacin and chromium.

Directions for use / recommended dose: Take two (2) or three (3) tablets daily with half a glass of water (125 mL), preferably before meals, or as recommended by a professional.

Presentation: Bottle of 90 tablets of 1,200 mg.

Composition: Bulking agent (microcrystalline cellulose), dry extract of African Mango seed (*Irvingia gabonensis*), Svetol® (dry extract of decaffeinated green coffee seeds (*Coffea canephora*, 35% chlorogenic acid)), dry extract of Coleus root (*Coleus forskohlii*, 10% forskolin), dry extract of aerial parts of Horsetail (*Equisetum arvense*, 7% silicon), nicotinamide (niacin), coating: AquaPolish® F clear 099.28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), dry extract of black pepper fruit (*Piper nigrum*, 95% piperine), anti-caking agent (magnesium stearate), dry extract of Cayenne fruit (*Capsicum annuum*, 2.5% capsaicin), anti-caking agent (AEROSIL® 200 F (silicon dioxide)) and chromium picolinate.

Storage conditions: Keep the container well closed in a dry and cool place.





Ingredients	3 tablets	% NRV*
Dry extract of African Mango Seed	900.00 mg	
Dry extract of green coffee seed (Svetol®)	600.00 mg	
- Of which: 35% Chlorogenic acid	210.00 mg	
- Of which: 7% 5-Caffeoylquinic acid	42.00 mg	
Dry extract of Coleus root	375.00 mg	
- Of which: 10% forskolin	37.50 mg	
Dry extract of horsetail aerial parts	375.00 mg	
- Of which: 7% silica	26.25 mg	
Dry extract of horsetail aerial parts	31.60 mg	
- Of which: 7% silica	30.00 mg	
Dry extract of cayenne fruit	22.41 mg	
- Of which: 2.5% capsaicin	0.56 mg	
Niacin	150.00 mg NE	937.50 %
Chromium	60.00 µg	150.00 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet and a healthy lifestyle. Keep out of reach of younger children. It is not recommended for use in people with diabetes or heart problems.

Properties and possible applications:

Coleus forskohlii contributes to body weight control and helps regulate fat metabolism.

Piper nigrum has important antioxidant properties. It helps maintain natural digestive functions and supports appetite, digestion and nutrient absorption. It helps cleanse the liver, digest toxins, and control body weight.

Capsicum annuum contributes to weight reduction.

Niacin contributes to normal energy metabolism and helps reduce tiredness and fatigue.

Chromium contributes to normal macronutrient metabolism and the maintenance of normal blood glucose levels.



MÉDERI
NUTRICIÓN INTEGRATIVA
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MEDERTONE

90 gastro-resistant tablets



Description: Food supplement based on *Rhodiola Rose* and *Ginkgo Biloba*.

Directions for use/recommended dose: Take one (1) or (2) tablets daily, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 90 gastro-resistant tablets of 880 mg.

Composition: Bulking agent (microcrystalline cellulose), dry extract of *Rhodiola Rose* root (*Rhodiola rosea* L., 6% rosavins, 3% salidroside), dry extract of leaves of *Ginkgo biloba* (*Ginkgo biloba* L. 50:1, 24% flavonoids, 6% sesquiterpene lactones), coating agent Eudraguard® biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), anti-caking agents: AEROSIL® 200 F (silicon dioxide) and magnesium stearate.

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients	1 tablet	2 tablets
Dry extract of <i>Rhodiola Rose</i>	200 mg	400 mg
- Of which:		
- 6% Rosavins	12 mg	24 mg
- 3% Salidroside	6 mg	12 mg
Dry extract of <i>Ginkgo Biloba</i>	200 mg	400 mg
- Of which:		
- 24% Flavonoids	48 mg	96 mg
- 6% Sesquiterpene lactones	12 mg	24 mg

Warnings: Do not exceed the daily dose recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Keep out of the reach of young children.

Consult your doctor in case of concomitant treatment with anticoagulants. Do not use during pregnancy or breast-feeding and not recommended in people under antidepressant treatment.

Properties and potential applications:

Ginkgo Biloba contributes to good hearing and vision. It helps maintain good cognitive function, improve cognitive performance and may help maintain adequate brain performance in older people.

Rhodiola rosea contributes to the maintenance of normal blood circulation and optimal mental and cognitive activity. It helps maintain the normal function of the circulatory system, providing oxygen and nutrients to the cells. In turn, it helps the body adapt to emotional stress, physical exertion, helps stimulate the nervous system, has a beneficial effect on stress-induced fatigue and headaches, is beneficial for sleeping difficulties, lack of appetite and improves work performance. In addition, it helps to stimulate perception, improve mood and has a beneficial effect on the cardiovascular system because it helps protect against stress and hypertension.



MÉDERI
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MEDERZYM®

Description: Food supplement based on vitamins, digestive enzymes and other substances.

Directions for use / recommended dose: Take six (6) tablets per day divided into two (2) or three (3) doses, preferably on an empty stomach, or as recommended by a professional. Tablets should NOT be chewed or broken and should be swallowed with plenty of water (250 mL). For greater absorption take the tablets preferably outside of meals on an empty stomach.

Presentation: Bottle of 270 and 500 gastro-resistant tablets of 650 mg.

Composition: Bulking agent (microcrystalline cellulose), Quercefit® (phytosomal quercetin), PureWay-C® (ascorbic acid (vitamin C), fatty acids and citrus bioflavonoids), bromelain, papain, pancreatin (amylase, lipase, protease), coating agent: Eudraguard® biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), anti-caking agent: magnesium stearate, trypsin+chymotrypsin 6:1, manganese gluconate, DL-alpha-tocopheryl acetate (vitamin E), coenzyme Q10, zinc citrate, anti-caking agent: AEROSIL® 200 F (silicon dioxide) and nicotinamide adenine dinucleotide (NADH).

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	2 tablets	% NRV*	6 tablets	% NRV*
Vitamin C	136.9 mg	171.2%	NEW FORMAT	171.36%
Bromelain	140.0 mg (350 GDU)		420.0 mg (1,050 GDU)	
Papain	140.0 mg (840,000 USP)		420.0 mg (2,52x10 ⁶ USP)	
Querceft®	190.0 mg		570.0 mg	
Pancreatin	100.0 mg		300.0 mg	
- Amylase 100 UPS/mg	10,000.0 USP		30,000.0 USP	
- Lipase 20 UPS/mg	2,000.0 USP		6,000.0 USP	
- Protease 100 UPS/mg	10,000.0 USP		30,000.0 USP	
Trypsin+chymotrypsin (6:1)	18.0 mg (50,400 USP)		54.0 mg (151,200 USP)	
Vitamin E	6.0 mg α-TE	50.0%	18.0 mg α-TE	150.00%
Manganese	2.0 mg	100.0%	6.0 mg	300.0%
Zinc	2.0 mg	20.0%	6.0 mg	60.0%
Coenzyme Q10	10.0 mg		30.0 mg	
NADH	2.0 mg		6.0 mg	

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and possible applications:

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps reduce tiredness and fatigue and improves the absorption of iron.

Vitamin E contributes to the protection of cells against oxidative damage.

Zinc contributes to the normal functioning of the immune system, to the protection of cells against oxidative damage, to the process of cell division, to normal cognitive function, to the maintenance of bones, nails and skin under normal conditions, to the normal metabolism of macronutrients and to normal protein synthesis.

Manganese contributes to normal energy metabolism, the maintenance of bones under normal conditions, the normal formation of connective tissue and the protection of cells against oxidative damage.



MÉDERI
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MELATONINA MÉDERI 1.9 mg



Description Food supplement based on Melatonin.

Directions for use / recommended dose: Dissolve one tablet under the tongue 30 minutes before bedtime, or as professionally recommended. The tablets may also be chewed.

Presentation: Box of 60 tablets of 250 mg.

Composition: Corn maltodextrin, bulking agent (xylitol), anti-caking agent (sodium carboxymethyl cellulose cross-linked), natural citrus flavouring powder, lemon flavouring powder, anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium salts of fatty acids) and melatonin.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	1 tablet
Melatonin	1.90 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Excessive consumption may cause laxative effects.

Not recommended for pregnant and breastfeeding women, children and adolescents, people suffering from inflammatory diseases, autoimmune diseases, epilepsy, asthma, mood, behavioural or personality disorders, as well as people on medication. It is also not recommended for use by persons engaged in any activity requiring sustained alertness for whom drowsiness may be a safety concern.

Properties and potential applications:

Melatonin helps relieve the subjective feeling of (jet lag)* and helps reduce the time needed to fall asleep.**

*The beneficial effect is obtained with a minimum intake of 0.5 mg to be taken shortly before bedtime on the first day of travel and a few days after arrival at the destination.

**The beneficial effect is obtained with an intake of 1 mg of melatonin before going to sleep.



MÉDERI
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MELATONINA MÉDERI 1.9 mg/mL



Description Food supplement based on melatonin. With sweetener.

Directions for use / recommended dose: Using the dropper, take one (1) mL (1.9 mg of melatonin) half an hour before bedtime. It can be taken directly in the mouth or diluted in water.

Presentation: Bottle of 30 mL with dropper.

Composition: Water, apple flavouring, sweetener (steviol glycosides), acidifier (citric acid), melatonin and conservatives (sodium benzoate and potassium sorbate).

Storage conditions: Keep the container in a dry, cool place away from light.





Ingredients	1 mL
Melatonin	1.9 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.

Not recommended for pregnant and breastfeeding women, children and adolescents, people suffering from inflammatory or autoimmune diseases, epilepsy, asthma, mood, behavioural or personality disorders, or people undergoing pharmacological treatment. It is also not recommended for people who must perform activities that require sustained alertness, for whom drowsiness could pose a safety risk.

Properties and potential applications:

Melatonin helps relieve the subjective feeling of (jet lag)* and helps reduce the time needed to fall asleep.**

*The beneficial effect is obtained with a minimum intake of 0.5 mg to be taken shortly before bedtime on the first day of travel and a few days after arrival at the destination.

**The beneficial effect is obtained with an intake of 1 mg of melatonin before going to sleep.

It is important to follow a varied and balanced diet and a healthy lifestyle.

MELENA DE LEÓN MÉDERI



Description: Food supplement based on *Hericium erinaceus* and rice protein isolate.

Directions for use / recommended dose: Take three (3) capsules per day before meals with half a glass of water (125 mL) or as recommended by a healthcare professional.

Presentation: Bottle of 90 vegetable capsules of 700 mg.

Composition: Organic Lion's Mane extract (*Hericium erinaceus*, fruiting body), coating agent (capsule): hydroxypropyl methylcellulose, organic rice protein isolate and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Keep container tightly closed in a cool, dry place.

Ingredients	3 capsules
Organic Lion's Mane extract	1,500 mg
- Of which:	
Total polysaccharides 30 %	450 mg
Beta-glucans 30 %	450 mg
Organic rice protein isolate	201 mg

Warnings: Do not exceed the stated recommended daily dose. Food supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.



MICELIONE



Description: Food supplement based on fungal extracts and rice protein isolate.

Directions for use / recommended dose: Take two (2) to three (3) capsules per day before meals with half a glass of water (125 mL) or as recommended by a healthcare professional.

Presentation: Bottle of 90 vegetable capsules of 780 mg.

Composition: Organic rice protein isolate, coating agent (hydroxypropyl methylcellulose), organic Ganoderma extract (*Ganoderma lucidum*, whole plant), organic Sun Mushroom extract (*Agaricus blazei*, whole plant), organic Cordyceps extract (*Cordyceps sinensis*, whole plant), organic Maitake extract (*Grifola frondosa*, whole plant), organic Chaga extract (*Inonotus obliquus*, whole plant) and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients	3 capsules
Organic rice protein isolate	441 mg
Organic Ganoderma extract	300 mg
Organic Sun Mushroom extract	300 mg
Organic Cordyceps extract	300 mg
Organic Maitake extract	300 mg
Organic Chaga extract	300 mg

Warnings: Do not exceed the stated recommended daily dose. Food supplement should not be used as a substitute for a varied an balanced diet and a healthy lifestyle. Keep out of reach of young children.

It is important to follow a varied and balanced diet and a healthy lifestyle.

Properties and possible applications:

Ganoderma lucidum contributes to maintaining healthy circulatory function and natural immune defenses.

Agaricus blazei is rich in beta-glucans that support immune activity. It helps the body to resist biological aggression, natural defenses and the immune system. It contributes to a normal immune response. Supports the human complement system and regulates immune function and reactions.



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MICELIONE PLUS



Description: Food supplement based on mushroom extracts.

Directions for use / recommended dose: Take one (1) sachet per day, preferably outside of meals or as recommended by a professional. Add the contents of the sachet to a glass of water, juice, or vegetable drink (250 mL), stir vigorously until dissolved, and drink.

Presentation: Box of 30 sachets of 4.05 grams. Double format.

Composition: Organic dry extract of Reishi (*Ganoderma lucidum*, fruiting body), organic dry extract of Lion's Mane (*Hericium erinaceus*, fruiting body), organic dry extract of Sun Mushroom (*Agaricus blazei*, fruiting body), organic dry extract of Cordyceps (*Cordyceps sinensis*, mycelium), organic dry extract of Chaga (*Inonotus obliquus*, fruiting body), organic dry extract of Maitake (*Grifola frondosa*, fruiting body), organic dry extract of Poria (*Poria cocos*, fruiting body), organic dry extract of Shiitake (*Lentinula edodes*, fruiting body) and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Store the container tightly closed in a dry, cool place away from sunlight.





Ingredients	1 sachet
Organic Chaga dry extract Of which: - Total polysaccharides 30 % - Beta-glucans 10 % - Polyphenols 5 % - Triterpenes 2 %	500.0 mg 150.0 mg 100.0 mg 25.0 mg 10.0 mg
Organic Reishi dry extract Of which: - Total polysaccharides 30 % - Beta-glucans 10 % - Triterpenes 2 %	500.0 mg 150.0 mg 50.0 mg 10.0 mg
Organic Cordyceps dry extract Of which: - Total polysaccharides 30 % - Cordycepic acid 7 % - Adenosine 0.5 %	500.0 mg 150.0 mg 35.0 mg 2.5 mg
Organic Sun Mushroom dry extract Of which: - Total polysaccharides 30 % - Beta-glucans 15 %	500.0 mg 150.0 mg 75.0 mg
Organic dry extract of Shiitake Of which: - Total polysaccharides 30 % - Beta-glucans 10 %	500.0 mg 150.0 mg 50.0 mg
Organic dry extract of Maitake Of which: - Total polysaccharides 30 % - Beta-glucans 10 %	500,0 mg 150.0 mg 50.0 mg
Organic Lion's Mane dry extract Of which: - Total polysaccharides 30 % - Beta-glucans 10 %	500.0 mg 150.0 mg 150.0 mg
Organic Poria dry extract Of which: - Total polysaccharides 10 %	500.0 mg 50.0 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.

Properties and potential applications::

Ganoderma lucidum helps maintain healthy circulatory function and natural immune defenses.

Agaricus blazei is rich in beta-glucans that contribute to immune activity. It helps the body resist biological attacks, natural defenses, and the immune system. It contributes to a normal immune response. It supports the human complement system and regulates immune function and reactions.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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MYO-INOSITOL MÉDERI



Description: Food supplement based on Myo-inositol.

Directions for use / recommended dose: Take one (1) scoop per day or as recommended by a professional. Fill the flat scoop up to the 10 mL reference line and dilute in a glass of water, juice or vegetable drink (250 mL). Stir vigorously until dissolved and drink.

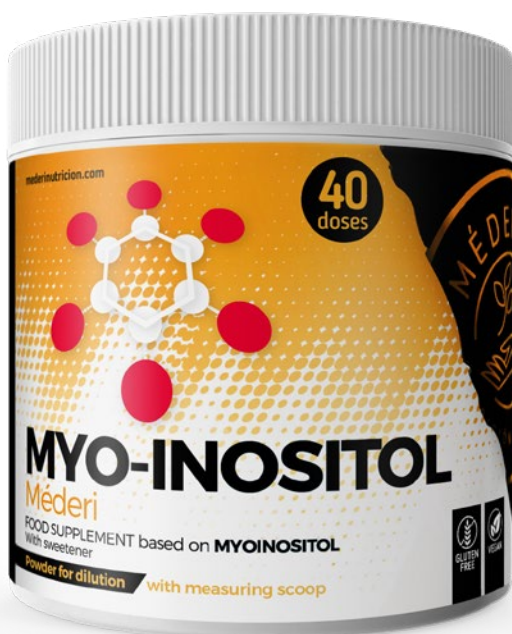
Presentation: Powder. Dosing scoop included.

Composition: Myoinositol (inositol), blood orange flavouring, acidifier (citric acid), anti-caking agent (AEROSIL® 200 F (silicon dioxide)) and sweetener (sucralose).

Storage conditions: Keep the container closed in a dry and cool place.

Ingredients	1 scoop (5,376 mg)
Inositol (Myo-inositol)	4,873 mg

Warnings: Do not exceed the daily dose expressly recommended. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.





MÉDERI
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NAC 300 MÉDERI



Description: Food supplement based on N-Acetyl-L-Cysteine.

Directions for use / recommended dose: Take one (1) capsule a day, with half a glass of water (125 mL), preferably outside of meals, or as recommended by a professional.

Presentation: Bottle of 90 vegetarian capsules of 600 mg.

Composition: N-acetyl-L-cysteine (NAC), bulking agent (microcrystalline cellulose), capsule: coating agent (hydroxypropyl methylcellulose), water and gelling agent (Gellan gum), bulking agent (calcium phosphate dihydrate) and anti-caking agents (magnesium salts of fatty acids and AEROSIL® 200 F (silicon dioxide)).

Storage conditions: Store in a cool, dry place.

Ingredients	1 capsule
N-Acetyl-L-Cysteine.	300 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.





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NULODOL-PEA



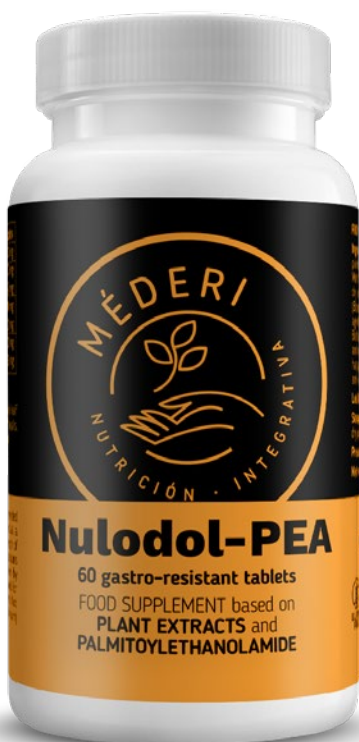
Description: Food supplement based on plant extracts and palmitoylethanolamide.

Directions for use / recommended dose: Take two (2) tablets daily with half a glass of water (125 mL), preferably outside of meals, or as recommended by a healthcare professional.

Presentation: Bottle of 60 gastro-resistant tablets of 1,100 mg.

Composition: Bulking agent (microcrystalline cellulose), palmitoylethanolamide (PEA), dry extract of Curcuma Meriva® 18% curcuminoids (*Curcuma longa*, rhizome), dry extract of *Boswellia serrata* 70% boswellic acids (*Boswellia serrata* Roxb. ex Colebr., resin), anti-caking agent (magnesium stearate), coating agent: Eudraguard® Biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), dry extract of Harpagophytum 10% harpagosides (*Harpagophytum procumbens*, root) and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Keep container tightly closed in a cool, dry place.





Ingredients	2 tablets
Palmitoylethanolamide (PEA)	600.0 mg
Dry extract of Curcuma Meriva®	400.0 mg
- Of which: curcuminoids	72.0 mg
Dry extract of <i>Boswellia serrata</i>	371.4 mg
- Of which: boswellic acids	260.0 mg
Dry extract of Harpagophytum	50.0 mg
- Of which: harpagósidos	5.0 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Not recommended for use by persons under 18 years of age and should not be taken by pregnant or breastfeeding women. Not recommended for use in people undergoing anticoagulant treatment. Not recommended in case of ulcers (stomach or duodenum) or gallstones.

Properties and possible applications:

Curcuma longa root supports the function of the nervous system. Curcumin helps control inflammatory responses within the body.

Boswellia serrata helps normal joint maintenance.

NATOSPORE



Description: Food supplements based on probiotics.

Directions for use / recommended dose: Take one (1) capsule daily, preferably before meals or as recommended by a health professional.

Presentation: Bottle of 90 capsules of 300 mg.

Composition: Bulking agent (microcrystalline cellulose), Flora-Focus® Probiotics 6-Strains Mix (*Saccharomyces boulardii* SD-G19, *Bacillus coagulans* BC-G44, *Bacillus subtilis* BS-GA28, *Bacillus licheniformis* BL-GA26, *Bacillus pumilus* BP-GA26, *Bacillus clausii* BC-G21), capsule (coating agent: hydroxypropyl methylcellulose) and anti-caking agents (magnesium salts of fatty acids and AEROSIL® 200 F: silicon dioxide).

Storage conditions: Keep container tightly closed in a cool, dry place.

Ingredients	1 capsule
<i>Saccharomyces boulardii</i> SD-G19	1,00 x 10 ⁸ CFU
<i>Bacillus coagulans</i> BC-G44	1,00 x 10 ⁸ CFU
<i>Bacillus subtilis</i> BS-GA28	1,00 x 10 ⁸ CFU
<i>Bacillus licheniformis</i> BL-GA26	1,00 x 10 ⁸ CFU
<i>Bacillus pumilus</i> BP-GA26	1,00 x 10 ⁸ CFU
<i>Bacillus clausii</i> BC-G21	1,00 x 10 ⁸ CFU

CFU: Colony Forming Units.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet and a healthy lifestyle. Keep out of the reach of young children.





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NUMANTIN®



Description: Food supplement based on plant extracts, and PQQ.

Directions for use/recommended daily dose: Take one (1) or two (2) tablets a day, preferably before meals, with half a glass of water (125 ml) or according to the recommendation of a professional.

Presentation:

Box with six (6) blister packs of 15 tablets. Pack containing 90 gastro-resistant tablets.

Box with twelve (12) blister packs of 15 tablets. Pack containing 180 gastro-resistant tablets.

Composition: Bulking agent (microcrystalline cellulose), dry extract of *Pfaffia paniculata* root, dry extract of broccoli inflorescence (*Brassica Oleracea* L., 4% sulforaphane), Maritech® (extract of *Fucus vesiculosus* (whole plant)), dry extract of Anamu root (*Petiveria alliacea* L.), dry extract of cat's claw root (*Uncaria tomentosa*, 3% alkaloids), dry extract of Pau D'Arco bark (*Tabebuia avellanedae*), coating agent: Eudraguard® Biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), extract of saffron stigmas (*Crocus sativus* L., 2% Safranal), Pycnogenol® (dry extract of pine bark, *Pinus pinaster*, 70% proanthocyanidins), dry extract of black pepper fruit (*Piper nigrum*, 30% piperine), anti-caking agents (magnesium stearate and AEROSIL® 200 F (silicon dioxide)) and disodium salt of pyrroloquinoline quinone (PQQ).

Storage conditions: Keep the container closed in a dry and cool place.



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Ingredients	1 tablet	2 tablets
Dry extract of <i>Pfaffia paniculata</i> root	200.0 mg	400.0 mg
Dry extract of Broccoli inflorescence -Of which: 4% sulforaphane	150.0 mg 6.0 mg	300.0 mg 12.0 mg
Dry extract of <i>Fucus vesiculosus</i> -Of which: Fucoidan	117.7 mg 100.0 mg	235.3 mg 200.0 mg
Dry extract of Anamu root	100.0 mg	200.0 mg
Dry extract of Cat's claw root -Of which: 3% alkaloids	100.0 mg 3.0 mg	200.0 mg 6.0 mg
Dry extract of Pau D'Arco bark	100.0 mg	200.0 mg
Saffron stigma extracts -Of which: 2% Safranal	20.0 mg 0.4 mg	40.0 mg 0.8 mg
Pycnogenol® Dry extract of Pine bark -Of which: 70% proanthocyanidins	20.0 mg 14.0 mg	40.0 mg 28.0 mg
Dry extract of Black pepper fruit -Of which: 30% piperine	16.7 mg 5.0 mg	33.3 mg 10.0 mg
Disodium salt of pyrroloquinoline quinone (PQQ)	5.0 mg	10.0 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Consult your doctor in case of hypothyroidism or thyroid treatment. Not recommended for people taking antidepressants. This food supplement should only be consumed by adults, excluding pregnant and lactating women.

Properties and potential applications:

Pfaffia paniculata reduces stress and increases physical and mental performance.

Cat's claw (*Uncaria tomentosa*) contributes to the proper functioning of the immune system.

Pau D'Arco (*Tabebuia avellanedae*) increases the physiological resistance of the organism under severe environmental conditions. It helps to relax and to fall asleep and nightly rest.

Saffron (*Crocus sativus*) contributes to emotional balance, helps relaxation and maintain a positive mood.

Black pepper (*Piper nigrum*) has important antioxidant properties. It helps maintain the integrity of the body thanks to its antimicrobial and antiparasitic effects and the support of the immune system.



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OMEGA 3 850 45 EPA / DHA 35

Description: Food supplement based on deodorized fish oil.

Directions for use / recommended daily dose: Take one (1) to four (4) softgels daily, preferably with meals, or as recommended by a healthcare professional.

Presentation: Bottle of 90 softgels of 1,269 mg.

Composition: Fish oil and natural vitamin E (D-alpha-tocopherol). Capsule: Bovine gelatin, humectant (vegetable glycerin), and water.

Storage conditions: Store the container in a cool, dry place, away from direct sunlight.





Ingredients	1 softgel	4 softgels
Fish oil	1,000 mg	4,000 mg
Of which:		
- Omega-3 (minimum 85 % TG)	850 mg	3,400 mg
- EPA (minimum 45 % TG)	450 mg	1,800 mg
- DHA (minimum 35 % TG)	350 mg	1,400 mg

Warnings: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. People taking anticoagulant medication (Sintrom®) and those allergic to fish should exercise caution when consuming Omega-3. Consultation with a healthcare professional is recommended.

Properties and potential applications:

Docosahexaenoic acid (DHA) contributes to the normal functioning of the brain and the maintenance of normal vision. The beneficial effect is obtained with a daily intake of 250 mg of docosahexaenoic acid.

Eicosapentaenoic acid (EPA) and **docosahexaenoic acid (DHA)** contribute to the normal functioning of the heart; the beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA. They also help maintain normal blood triglyceride levels and normal blood pressure; the beneficial effect is obtained with a daily intake of 2 g of EPA and DHA. Do not exceed a daily intake of

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
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OSTE-ON



Description: Food supplement based on minerals, vitamins, plant extracts, myoinositol and melatonin.

Directions for use/recommended dose: Take six (6) tablets per day divided into two (2) or three (3) doses, preferably before meals, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 180 tablets of 1,490 mg.

Composition: Coral calcium powder, bulking agent (microcrystalline cellulose), magnesium bisglycinate (microcrystalline cellulose), myoinositol, dry extract of aerial parts of Horsetail (*Equisetum arvense*, 7% silica), PureWay-C® (ascorbic acid (vitamin C), fatty acids and citrus bioflavonoids), dry extract of *Polygonum cuspidatum* root (95% transresveratrol), dry extract of Ginseng root and leaves (*Panax ginseng*, 30% ginsenosides), AquaPolish® F Clear 099.28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), zinc citrate, anti-caking agents: magnesium stearate and AEROSIL® 200 F (silicon dioxide), sodium borate, menaquinone (vitamin K), nicotinamide (niacin), cholecalciferol (vitamin D), manganese citrate, pyridoxine hydrochloride (vitamin B6), retinyl acetate (vitamin A), copper citrate, bulking agent (dicalcium phosphate), melatonin and sodium selenite.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	6 tablets	% NRV*
Coral calcium powder	2,400.00 mg	
- Of which: calcium	840.00 mg	105.00 %
Magnesium	300.00 mg	80.00 %
Myo-inositol	1,050.00 mg	
Dry extract of Horsetail aerial parts	600.00 mg	
- Of which: silica	42.00 mg	
Vitamin C	300.00 mg	375.00 %
Dry extract of <i>Polygonum cuspidatum</i> root	315.78 mg	
- Of which: trans-resveratrol	300.00 mg	
Dry extract of Ginseng root and leaves	180.00 mg	
- Of which: ginsenosides	54.00 mg	
Zinc	24.00 mg	240.00 %
Niacin	30.00 mg NE	187.50 %
Vitamin B6	12.00 mg	857,14 %
Boron	6.00 mg	
Manganese	6.00 mg	300.00 %
Melatonin	1.89 mg	
Copper	3,00 mg	300.00 %
Vitamin A	1,800.00 µg RE	225.23 %
Vitamin K	90.00 µg	120.00 %
Vitamin D	75.00 µg	1,500.00 %
Selenium	60.00 µg	109.09 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children. Not recommended in people under antidiabetic treatment.

Properties and possible applications:

Equisetum arvense (Horsetail) can help to remineralise the body.

Panax ginseng helps to counteract fatigue and contributes to natural defences and the proper functioning of the immune system.

Magnesium helps reduce tiredness and fatigue, contributes to normal energy metabolism, normal functioning of the nervous system and muscles, and the maintenance of bones under normal conditions.

Zinc contributes to the maintenance of bones under normal conditions, to the normal functioning of the immune system, to the protection of cells against oxidative damage and to the process of cell division.

Copper contributes to the maintenance of connective tissue under normal conditions, to normal energy metabolism, to the normal functioning of the nervous system, to the normal functioning of the immune system and to the protection of cells against oxidative damage.

Selenium contributes to the normal functioning of the immune system and to the protection of cells against oxidative damage.

Manganese contributes to normal energy metabolism, the maintenance of bones under normal conditions, the normal formation of connective tissue and the protection of cells against oxidative damage.

OZOMEDER

Description: Ozonated sunflower oil 600IP.

Directions for use / Recommended daily dose: Apply two to four drops once or twice a day to the area at risk.

Presentation: Bottle of 15 ml (300 drops). With measuring dropper.

Composition: *Olea europaea* fruit oil, ozonized sunflower seed oil, *Melaleuca alternifolia* (tea Tree) leaf oil and ascorbyl palmitate.

Storage conditions: Keep in a cool, dry place away from direct light. Once opened preferably keep at a temperature between 6 and 8 °C.

Warnings: Keep out of reach of younger children.

Properties and possible applications: Ozomeder is a new formula that combines the nourishing and moisturising properties of vegetable oils with ozonated sunflower oil. Ozomeder strengthens the barrier function of the skin while protecting the oral mucosa and gums.

Contains no paraffins, parabens or silicones. It is free of allergens. Classified as non-irritant with good skin compatibility.





MÉDERI
NUTRICIÓN INTEGRATIVA
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PARACYS



Description: Food supplement based on mannose, plant extracts, vitamin D, zinc and copper.

Directions for use / Recommended daily dose: Take two (2) to three (3) tablets a day, preferably between meals or according to professional recommendation.

Presentation: Box of 60 gastroresistant tablets of 1,300 mg.

Composition: Bulking agent (microcrystalline cellulose), granular D-Mannose, dry extract of American Cranberry fruit (*Vaccinium macrocarpon* Aiton, 50% proanthocyanidins), extract of Pumpkin seeds EFLA® 940 (*Cucurbita pepo* L.), dry extract of Bearberry leaves (*Arctostaphylos uva-ursi*, 20% arbutin), dry extract of Goldenrod flowers (*Solidago virgaurea* L.), dry extract of Grapefruit seed (*Citrus grandis* (L.) Osbeck), coating agent: Eudraguard® Biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), zinc bisglycinate, cholecalciferol (Vitamin D), anti-caking agent (AEROSIL® 200 F: silicon dioxide and magnesium salts of fatty acids) and copper citrate.

Storage conditions: Keep container in a cool, dry place.





Ingredients	2 tablets	3 tablets
D-Mannose	500.0 mg	750.0 mg
Dry cranberry fruit extract	360.0 mg	540.0 mg
- Of which: 50% proanthocyanidins	180.0 mg	270.0 mg
Dry extract of pumpkin seeds EFLA® 940	300.0 mg	450.0 mg
Dry extract of bearberry leaves	200.0 mg	300.0 mg
- Of which: 20% arbutin	40.0 mg	60.0 mg
Dry extract of Goldenrod flowers	200.0 mg	300.0 mg
Dry extract of Grapefruit seed	200.0 mg	300.0 mg
Zinc	16.6 mg (166 %*)	24.9 mg (249 %*)
Vitamin D	50.0 µg (1,000 %*)	75.0 µg (1,500 %*)
Copper	2.0 mg (200 %*)	3.0 mg (300 %*)

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Containing:

- **Curcubita pepo:** Reserved for use in adults. Not recommended for use in pregnant and lactating women.
- **Bearberry:** Not recommended for use in people with kidney failure, pregnant or breastfeeding women, children and adolescents.
- **Goldenrod:** Not recommended in cases of cardiac or renal oedema. Not recommended in cases of infected allergies, particularly in the Asteraceae family. Not recommended for children under 12 years of age, pregnant and breastfeeding women. In case of medicinal treatment, consult a health professional.

Properties and possible applications:

Cranberry (*Vaccinium macrocarpon*) helps maintain a healthy urinary system.

Pumpkin (*Cucurbita pepo*) helps maintain good bladder function and urinary flow.

Bearberry (*Arctostaphylos uva-ursi*) supports normal bladder function.

POTASIO MÉDERI



Description: Food supplement based on potassium.

Directions for use / Recommended daily dose: Take one (1) capsule daily, preferably with meals or as recommended by a professional.

Presentation: Bottle of 90 capsules of 1,125 mg.

Composition: Potassium citrate, capsule (coating agent: hydroxypropyl methylcellulose, purified water and gelling agent: Gellan gum) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Store in a cool, dry place away from light.

Ingredients	1 capsules
Potassium	360 mg (18 %*)

*NRV: Nutrient Reference Value.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.

Properties and possible applications:

Potassium contributes to the normal functioning of the nervous system and muscles, as well as to the maintenance of normal blood pressure.





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PROSTAMEDER®



Description: Food supplement based on plant extracts, lycopene, vitamins and minerals.

Directions for use / Recommended daily dose: Take two (2) or three (3) tablets a day with half a glass of water (125 mL), preferably outside of meals, or as recommended by a professional.

Presentation: Bottles of 60 and 120 tablets of 1,315 mg

Composition: Bulking agent (microcrystalline cellulose), dry extract of nettle leaves (*Urtica dioica*, 1% silica), dry extract of aerial parts of *Epilobium parviflorum*, dry extract of pumpkin seeds EFLA® 940 (*Curcubita pepo* L.), dry extract of Saw Palmetto berry (*Serenoa repens*, 45% fatty acids), dry extract of Pomanox® Pomegranate fruit P30 (*Punica granatum* L., 30% punicalagins), dry extract of *Pygeum africanum* bark, lycopene 10% (modified starch, lycopene, water and DL- α -tocopherol), bulking agent (dicalcium phosphate), zinc citrate, coating: Aquapolish® F Clear 099. 28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), dry fruit extract of black pepper (*Piper nigrum*, 95% piperine), cholecalciferol (vitamin D), anti-caking agents (magnesium stearate and AEROSIL® 200 F (silicon dioxide)), pyridoxine hydrochloride (vitamin B6), copper citrate and sodium selenite.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	3 tablets	% NRV*
Dry extract of Nettle leaves - Of which: Silicon	900.0 mg 9.0 mg	
Dry extract of aerial parts of <i>Epilobium parviflorum</i>	300.0 mg	
Dry extract of Pumpkin seeds EFLA® 940	300.0 mg	
Dry extract of Saw Palmetto berry - Of which: Fatty acids	300.0 mg 135.0 mg	
Dry extract of pomegranate fruit Pomanox® P30 - Of which: Punicalagins	300.0 mg 90.0 mg	
Dry extract of <i>Pygeum africanum</i> bark	300.0 mg	
Lycopene	15.0 mg	
Dry extract of black pepper fruit - Of which: Piperine	31.6 mg 30.0 mg	
Zinc	24.9 mg	249.0 %
Vitamin B6	12.0 mg	857.1 %
Vitamin D	75.0 µg	1,500.0 %
Copper	1,500.0 µg	150.0 %
Selenium	255.0 µg	463.6 %

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children. Ask your doctor or pharmacist for advice.

Properties and possible applications:

***Urtica dioica*:** Adjuvant in the symptomatic treatment of urinary disorders in stage I and II benign prostatic hyperplasia. It also supports the immune system.

***Epilobium parviflorum*:** Useful for normal prostate function.

***Serenoa repens*:** Recommended as a source of fatty acids to maintain reproductive function. The herbal extracts contained in this product beneficially affect the health of men.

***Pygeum africanum*:** Support of normal urinary function, its maintenance and comfort in men.

Black pepper: It has important antioxidant properties and supports the immune system.

Zinc: Contributes to normal fertility and reproduction, the maintenance of normal testosterone levels, the normal functioning of the immune system, the protection of cells against oxidative damage and the process of cell division.

Vitamin B6: Contributes to the normal functioning of the immune system and helps regulate hormonal activity.

Copper: Contributes to the normal functioning of the immune system and to the protection of cells against oxidative damage.

Selenium: Contributes to normal spermatogenesis, the normal functioning of the immune system and the protection of cells against oxidative damage.



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REISHI-TRIO MÉDERI



Description: Food supplement based on *Ganoderma lucidum* and protein isolated from rice.

Directions for use / recommended dose: Take two (2) to three (3) capsules a day before meals with half a glass of water (125 mL), or as professionally recommended.

Presentation: Bottle of 90 vegetable capsules of 700 mg.

Composition: Organic dry extract of *Ganoderma lucidum* (fruiting body), coating agent (hydroxypropyl methylcellulose), organic rice protein isolate and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Keep the container closed in a dry and cool place.

Ingredients	3 capsules
Organic dry extract of <i>Ganoderma lucidum</i>	1,500 mg
- Of which:	
Total polysaccharides 30 %	450 mg
1.3-1.6-beta-glucans 10 %	150 mg
Triterpenes 2 %	30 mg
Organic rice protein isolate	201 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and potential applications:

Ganoderma lucidum contributes to natural immune defences and maintains healthy circulatory function.

It is highly recommended to keep a varied and balanced diet and a healthy lifestyle.





MÉDERI
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ROSE HIPS MÉDERI VITAMINA C+Zn+Se



Description: Food supplement based on vitamin C, zinc and selenium.

Directions for use / recommended dose: Take one (1) or two (2) tablets daily, with half a glass of water (125 mL), or as recommended by a professional.

Presentation: Bottle of 100 and 200 gastro-resistant tablets of 1,221 mg.

Composition: Dry extract of Rose Hips (*Rosa canina*, fruit), Vitamin C 97% DC (HPMC): L-ascorbic acid (vitamin C) and bulking agent: hydroxypropyl methyl cellulose, bulking agent: microcrystalline cellulose, bulking agent: anhydrous dicalcium phosphate, zinc citrate, coating agent: Eudraguard® biotic (copolymer of methyl acrylate, methyl methacrylate and methacrylic acid), anti-caking agents (vegetable magnesium stearate and AEROSIL® 200 F (silicon dioxide)) and sodium selenite.

Storage conditions: Keep the container closed in a dry and cool place.





Ingredients	2 tablets	% NRV*
Dry extract Rose Hips	1,000 mg	
- Of which: Vitamin C	700 mg	875.0 %
L-ascorbic acid	600 mg	
- Of which: Vitamin C	582 mg	727.5 %
Total Vitamin C	1,282 mg	1,602.5 %

Zinc	20 mg	200.0 %
Selenium	55 µg	100.0 %

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as substitutes for a varied and balanced diet and a healthy way of life. Keep out of reach of younger children.

Properties and potential applications:

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E and improve the absorption of iron.

Zinc contributes to the normal functioning of the immune system, to the protection of cells against oxidative damage, to the process of cell division, to normal cognitive function, to the maintenance of bones, nails and skin under normal conditions, to the normal metabolism of macronutrients and to normal protein synthesis.

Selenium contributes to the normal functioning of the immune system, the maintenance of hair and nails under normal conditions, normal thyroid function and the protection of cells against oxidative damage.



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RV MÉDERI



Description: Food supplement based on plant extracts, diosmin, hesperidin, vitamins and magnesium.

Directions for use / recommended dose: Take three (3) tablets a day, with half a glass of water (125 mL) or as recommended by a professional.

Presentation: Box of 90 gastro-resistant tablets of 1,100 mg.

Composition: Bulking agent (microcrystalline cellulose), Cardiose® (*Citrus sinensis* (fruit) dry extract, 90% hesperidin), DL-alpha-tocopheryl acetate (Vitamin E), magnesium citrate, Diosvein® (90% Diosmin pHEur), PureWay-C™ (ascorbic acid (Vitamin C), fatty acids and citrus bioflavonoids), dry extract of Horse Chestnut seeds (*Aesculus hippocastanum*, 20% aescin), Dry extract of Rusco root (*Ruscus aculeatus*, 3% ruscogenin), Dry extract of aerial parts and leaves of Centella asiatica (*Centella asiatica* (L.), 3% asiaticosides), coating agent: Eudraguard® biotic (copolymer of methylacrylate, methyl methacrylate and methacrylic acid), nicotinamide (Niacin), dry extract of pine bark (*Pinus pinaster*, 65% proanthocyanidins), anti-caking agents (magnesium salts of fatty acids and AEROSIL® 200 F (silicon dioxide)).

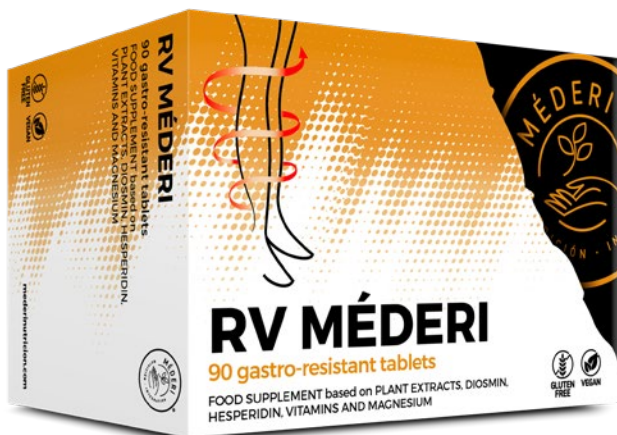
Storage conditions: Keep the container in a cool, dry place.

DiosVein

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ACTIVES, S.L.U



Pycnogenol® is a registered trademark of Horphag Research. Use of this product may be protected by one or more U.S. patents and other international patents.





Ingredients	3 tablets	% NRV*
Cardiose® -Of which: Hesperidin	400.00 mg 360.00 mg	
Vitamin E	200.00 mg α-TE	1,666.67 %
Magnesium	100.00 mg	26.67 %
Diosvein® - Of which: Diosmin	333.33 mg 300.00 mg	
Vitamin C	200.00 mg	250.00 %
Dry extract of horse chestnut seeds - Of which: 20% aescin	100.00 mg 20.00 mg	
Dry extract of Rusco root - Of which: 3% ruscogenin	100.00 mg 3.00 mg	
Dry extract of Centella asiatica aerial parts and leaves - Of which: 3% asiaticosides	100.00 mg 3.00 mg	
Niacin	50.00 mg NE	312.50 %
Dry extract of Pine bark (Pycnogenol®) - Of which: 65% proanthocyanidins	40.00 mg 26.00 mg	

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as substitutes for a varied and balanced diet and a healthy way of life. Keep out of reach of younger children.

Properties and potential applications:

Vitamin C contributes to normal collagen formation for the normal function of blood vessels.

Horse chestnut (*Aesculus hippocastanum*) helps maintain healthy blood circulation, promotes circulatory health and helps maintain healthy venous circulation in the legs.

Ruscus aculeatus helps reduce swelling, revitalises, refreshes and brings relief and a feeling of lightness to the legs. It supports venous circulation, decreases the feeling of tired and heavy legs and contributes to circulation in the legs.

Centella asiatica helps maintain venous circulation, supports peripheral circulation and reduces the feeling of tired legs.

Pine bark extract (Pycnogenol®) improves microcirculation by increasing capillary permeability, protects blood vessel walls and supports good blood circulation.

It is important to follow a varied and balanced diet and a healthy lifestyle.



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SELENIO MEDERI



Description: Food supplement based on selenium.

Directions for use / recommended dose: Take one (1) tablet daily, with half a glass of water (125 mL), preferably with meals, or as recommended by a professional.

Presentation: Bottle of 120 tablets of 510 mg.

Composition: Bulking agents (dicalcium phosphate and microcrystalline cellulose), L-selenomethionine, coating (thickener: hydroxypropyl methylcellulose, anti-caking agent: fatty acids, and bulking agent: microcrystalline cellulose) and anti-caking agent: COMPRIOTOL® E ATO (monoglycerides and diglycerides of fatty acids).

Storage conditions: Store the package in a dry, cool place, protected from sunlight.





Ingredients	1 tablet	% NRV*
L-selenomethionine, - Of which: Selenium	40 mg 200 µg	364 %

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of younger children.

Properties and potential applications:

Selenium contributes to the normal functioning of the immune system, to the maintenance of normal hair and nails, to normal thyroid function, to normal spermatogenesis and to the protection of cells against oxidative damage.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
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SHILAJIT PRIMAVIE® MÉDERI



Description: Food supplement based on Shilajit powder.

Directions for use / recommended dose: Take two (2) capsules a day with half a glass of water (125 mL), preferably between meals, or as recommended by a professional.

Presentation: Bottles of 50 and 100 vegetable capsules of 600 mg.

Composition: Primavie® Shilajit (Shilajit powder, 50 % fulvic acid), maltodextrin, capsule (coating agent: hydroxypropyl methylcellulose), bulking agent (microcrystalline cellulose) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Store in a cool, dry place away from light.

Ingredients	2 capsules
Shilajit Primavie® (Shilajit Powder)	700 mg
-Of which: fulvic acid	350 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children.



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SPIRULINA & CHLORELLA ECO MÉDERI



ES-ECO-035-RI
NON UE AGRICULTURE

Description: Food supplement based on spirulina and chlorella.

Directions for use / recommended dose: Take three (3) to six (6) tablets a day, with a glass of water (250 mL), preferably outside of meals, or as recommended by a profesional.

Presentation: Bottle of 500 tablets of 403 mg.

Composition: Organic Spirulina powder (*Arthrospira platensis*), broken cell wall organic Chlorella powder (*Chlorella vulgaris*) and anti-caking agent: AEROSIL® 200 F (silicon dioxide).

Storage conditions: Keep the container in a cool, dry place.





Ingredients	3 tablets	6 tablets
Organic Spirulina powder	600 mg	1.200 mg
Organic Chlorella powder	600 mg	1.200 mg

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. Not recommended for people with thyroid disorders.

Properties and potential applications:

Spirulina is recommended during weight loss diets to help maintain muscle mass.

Chlorella helps maintain the immune system, increases vitality and promotes detoxification of the body.



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TRI-MAGNESIO MÉDERI



Description: Food supplement based on magnesium and vitamin B6.

Directions for use / recommended dose: Take two (2) capsules a day with half a glass of water (125 mL), preferably between meals or as recommended by a professional.

Presentation: Bottle of 60 capsules of 870 mg.

Composition: Magnesium bisglycinate, ATA Mg[®] magnesium acetyl taurate, capsule (coating agent (hydroxypropyl methylcellulose), water and gelling agent (gellan gum)), magnesium malate, bulking agent (microcrystalline cellulose), anti-caking agent (magnesium salts of fatty acids) and pyridoxal 5'-phosphate (vitamin B6).

Storage conditions: Store the container in a cool, dry place.



ATAMg[®]
Activated Taurine + Magnesium

This product is protected by
EP Patent No. 3750873 and others.



Ingredients	2 capsules	% NRV*
Magnesium bisglycinate	700 mg	
Of which: Magnesium	140 mg	37.33 %*
ATA Mg® magnesium acetyl taurate	500 mg	
Of which: Magnesium	30 mg	8 %*
Magnesium malate	200 mg	
Of which: Magnesium	32 mg	8.53 %*
Vitamin B6	2 mg	142.86 %*

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and potential applications:

Magnesium helps reduce tiredness and fatigue, contributes to normal protein synthesis and cell division, and helps muscles and the nervous system function normally. It also contributes to energy metabolism, electrolyte balance, good psychological function, and the maintenance of normal bones and teeth.

Vitamin B6 helps reduce tiredness and fatigue, regulate hormonal activity and normal red blood cell formation. It contributes to the proper functioning of the immune system, the nervous system and normal psychological function, normal energy metabolism, protein metabolism, glycogen metabolism, homocysteine metabolism and cysteine metabolism.

It is important to follow a varied and balanced diet and a healthy lifestyle.



MÉDERI
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VITAMINAS A+D3 MÉDERI

Description: Food supplements based on vitamins A and D.

Directions for use / recommended dose: Take one (1) softgel per day, preferably with meals, or as recommended by a professional.

Presentation: Bottle of 240 softgels of 279 mg.

Composition: Black cumin oil, retinyl palmitate (vitamin A) and cholecalciferol (vitamin D3). Coating: Bovine gelatin, humectant (vegetable glycerin) and water.

Storage conditions: Store the container in a dry, cool place away from light.

Ingredients	1 softgel	% NRV*
Vitamin A	1,500 µg RE (5,000 UI)	187.5 %
Vitamin D	10 µg (400 UI)	200 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and potential applications:

Vitamin A contributes to normal iron metabolism, the maintenance of normal vision, skin and mucous membranes, the normal functioning of the immune system and the process of cell differentiation.

Vitamin D contributes to the normal absorption and utilisation of calcium and phosphorus, the maintenance of normal blood calcium levels, the maintenance of normal bones and teeth, the normal functioning of muscles and the immune system, and the process of cell division.

It is important to follow a varied and balanced diet and a healthy lifestyle.



VITAMINA B9

ÁCIDO FÓLICO 400 µg MÉDERI



Description: Food supplement based on folic acid.

Directions for use / recommended dose: Take one (1) capsule daily, preferably between meals or as recommended by a healthcare professional.

Presentation: Bottle of 60 vegetable capsules of 448 mg.

Composition: Bulking agent (microcrystalline cellulose), capsule (coating agent: hydroxypropyl methylcellulose), anti-caking agent (COMPRITOL® E ATO (fatty acid monoglycerides and diglycerides)), and pteroylmonoglutamic acid (folic acid).

Storage conditions: Store the container in a cool, dry place, protected from light.

Ingredients	1 capsule	% NRV*
Folic acid	400 µg	200 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and potential applications:

Folate (vitamin B9) contributes to normal homocysteine metabolism and normal psychological function, and helps reduce tiredness and fatigue.

It is important to follow a varied and balanced diet and a healthy lifestyle.





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VITAMINA B9 METILADA

METHYL FOLATE 1 mg QUATREFOLIC®

MÉDERI

Description: Food supplement based on folic acid.

Directions for use / recommended dose: Take one (1) capsule per day, preferably between meals or as recommended by a professional.

Presentation: Bottle of 60 capsules of 448.9 mg.

Composition: Bulking agent (microcrystalline cellulose), capsule (coating agent: hydroxypropyl methylcellulose), anti-caking agent (magnesium salts of fatty acids) and folic acid [(6S)-5-methyltetrahydrofolic acid, glucosamine salt (Quatrefolic®)] (vitamin B9).

Storage conditions: Store the container in a dry, cool place away from light.

Ingredients	1 capsule	% NRV*
Quatrefolic® folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	1,000 µg	500 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and potential applications:

Folates (vitamin B9) contribute to normal homocysteine metabolism and normal psychological function, and help reduce tiredness and fatigue.

It is important to follow a varied and balanced diet and a healthy lifestyle.



Quatrefolic® is a Registered
Trademark of Gnosis S.p.A.





MÉDERI
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VITAMINA B12

CIANOCOBALAMINA 500 µg

MÉDERI



Description: Food supplement based on vitamin B12.

Directions for use / recommended dose: Take 1 capsule per day with half a glass of water (125 mL), preferably between meals, or as recommended by a professional.

Presentation: Bottle of 90 vegetable capsules of 448 mg.

Composition: Bulking agent (microcrystalline cellulose), capsule (coating agent: hydroxypropyl methylcellulose), anti-caking agent (COMPRITOL® E ATO (fatty acid monoglycerides and diglycerides)), and cyanocobalamin (vitamin B12).

Storage conditions: Keep the container in a dry, cool place away from light.

Ingredients	1 capsule	% NRV*
Vitamin B12	500 µg	20,000 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and potential applications:

Vitamin B12 contributes to normal energy metabolism and normal functioning of the nervous system, normal psychological function, normal homocysteine metabolism, normal red blood cell formation, normal functioning of the immune system, the process of cell division and reducing tiredness and fatigue.

It is important to follow a varied and balanced diet and a healthy lifestyle.





MÉDERI
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VITAMINA B12 METILADA METHYLCOBALAMIN 1 mg MÉDERI



Description: Food supplement based on vitamin B12.

Directions for use / recommended dose: Take 1 capsule per day with half a glass of water (125 mL), preferably between meals, or as recommended by a professional.

Presentation: Bottle of 90 vegetable capsules of 600 mg.

Composition: Corn starch, capsule (coating agent: hydroxypropyl methylcellulose, purified water and gelling agent: gellan gum), bulking agent (calcium phosphate), vitamin B12 (methylcobalamin) and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Keep the container in a dry, cool place away from light.

Ingredients	1 capsule	% NRV*
Vitamin B12	1,020 µg	40,800 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children.

Properties and potential applications:

Vitamin B12 contributes to normal energy metabolism and normal functioning of the nervous system, normal psychological function, normal homocysteine metabolism, normal red blood cell formation, normal functioning of the immune system, the process of cell division and reducing tiredness and fatigue.

It is important to follow a varied and balanced diet and a healthy lifestyle.





MÉDERI
NUTRICIÓN INTEGRATIVA
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VITAMINA C 1000 MEDERI



Description: Food supplement based on Vitamin C and citrus bioflavonoids.

Directions for use / recommended dose: Take one (1) tablet daily with a glass of water (125 mL) preferably on an empty stomach, or as recommended by a professional.

Presentation: Bottle of 60 and 150 tablets of 1,580 mg.

Composition: PureWay-C® (L-ascorbic acid (Vitamin C), rice bran and citrus bioflavonoids), bulking agent (microcrystalline cellulose), anti-caking agent: AEROSIL® 200 F (silicon dioxide), coating: AquaPolish® F clear 099. 28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), anti-caking agent (magnesium salts of fatty acids) and bulking agent (calcium phosphates (anhydrous dicalcium phosphate)).

Storage conditions: Keep the container closed in a dry and cool place.

PUREWAY 
Antioxidant Super Nutrient

PureWay-C® and PureWay-C® logo are marks of One Innovation Labs, LLC. In the U.S. and/or other countries





Ingredients	1 tablet	% NRV*
PureWay-C®	1,081.00 mg	
-Of which: Vitamin C	1,000.00 mg	1,250 %
-Of which: Citrus bioflavonoids	27.57 mg	

*NRV: Nutrient Reference Value of vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and possible applications:

Vitamin C contributes to the normal functioning of the immune system during and after intense physical exercise, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, gums, skin and teeth, to normal energy metabolism, to the normal functioning of the nervous system, to normal psychological function, to the normal functioning of the immune system, to the protection of cells against oxidative damage, helps reduce tiredness and fatigue, helps regenerate the reduced form of vitamin E and improve the absorption of iron.

VITAMINA D3 4000 UI MÉDERI

Description: Food supplement based on vitamin D and olive oil.

Directions for use / recommended dose: Take one (1) softgel a day, preferably with meals, with half a glass of water (125 mL) or as recommended by a professional.

Presentation: Bottle of 120 softgels of 310 mg.

Composition: Extra virgin olive oil, antioxidant (D-alfa-tocoferol) and cholecalciferol (Vitamin D). Softgel (bovine gelatin, humectant -vegetable glycerin- and water).

Storage conditions: Keep the container closed in a dry and cool place. Avoid direct exposure to sunlight.

Ingredients	1 softgel	% NRV*
Olive oil	171 mg	
Vitamin D	100 µg (4,000 UI)	2,000 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and possible applications:

Vitamin D contributes to the normal absorption and use of calcium and phosphorus, to the maintenance of normal blood calcium levels, to the maintenance of bones and teeth under normal conditions, to the normal functioning of the muscles and immune system and the process of cell division.





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VITAMINA D3+K2 MÉDERI

Description: Food supplement based on vitamins D and K.

Directions for use / recommended dose: Take one (1) softgel a day, preferently with meals, or as recommended by a professional.

Presentation: Bottles of 120 and 240 softgels of 310 mg.

Composition: Extra virgin olive oil, cholecalciferol (vitamin D) and menaquinone-7 (vitamin K). Coating: bovine gelatin, humectant (vegetable glycerin) and water.

Storage conditions: Keep the container closed in a dry and cool place. Avoid direct exposure to sunlight.

Ingredients	1 softgel	% NRV*
Vitamin D	100 µg (4,000 UI)	2,000%
Vitamin K	90 µg	120%

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a varied diet. Keep out of reach of younger children.

Properties and possible applications:

Vitamin K contributes to normal blood clotting and bone maintenance under normal conditions.

Vitamin D contributes to the normal absorption and use of calcium and phosphorus, the maintenance of normal blood calcium levels, the maintenance of bones and teeth under normal conditions, the normal functioning of muscles and the immune system, and the process of cell division.





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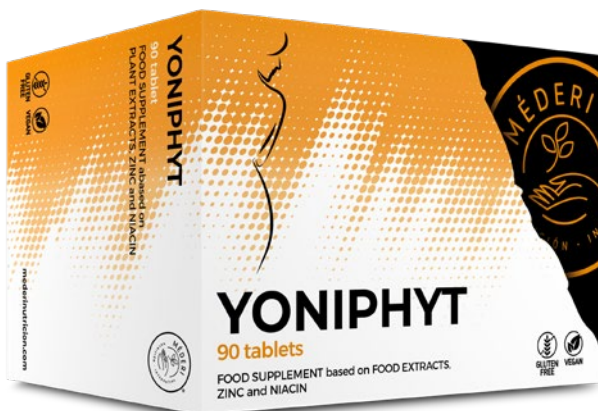
Description: Food supplement based on plant extracts, zinc and niacin.

Directions for use / recommended dose: Take three (3) tablets a day, preferably before meals or as recommended by a professional.

Presentation: Box of 90 tablets of 1,115 mg.

Composition: Bulking agent (microcrystalline cellulose), dry extract of Maca root (*Lepidium meyenii*), dry extract of Damiana leaves (*Turnera diffusa*), dry extract of Shatavari root (*Asparagus racemosus*), dry extract of Korean Ginseng root (*Panax Ginseng* C.A. Meyer, 10% ginsenosides), dry extract of Guarana seeds (*Paullina cupana* Kunt, 22% caffeine), bulking agent (anhydrous dicalcium phosphate), zinc citrate, dry extract of Ceylon cinnamon bark (*Cinnamomun zeylanicum*), coating: AquaPolish® F Clear 099. 28 MS (coating agent: hydroxypropyl methylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid), dry extract of saffron stigmas (*Crocus sativus* L., 2% safranal), anti-caking agents (magnesium salts of fatty acids and AEROSIL® 200 F: silicon dioxide), dry extract of black pepper fruit (*Piper nigrum*, 95% piperine) and nicotinic acid (niacin).

Storage conditions: Store in a cool, dry place.





Ingredients	1 tablet	3 tablets
Dry extract of Maca root	250.0 mg	750.0 mg
Dry extract of Damiana leaves	150.0 mg	450.0 mg
Dry extract of Shatavari root	100.0 mg	300.0 mg
Dry extract of Korean ginseng root	100.0 mg	300.0 mg
- Of which: Gingenosides	10.0 mg	30.0 mg
Dry extract of Guarana seeds	45.5 mg	136.5 mg
- Of which: Caffeine	10.0 mg	30.0 mg
Dry extract of Ceylon cinnamon bark	20.0 mg	60.0 mg
Dry extract of saffron stigmas	10.0 mg	30.0 mg
- Of which: Safranal	0.2 mg	0.6 mg
Zinc	8.3 mg (82.7 %*)	24.9 mg (248.0 %*)
Dry extract of black pepper fruit	5.3 mg	15.9 mg
- Of which: Piperine	5.0 mg	15.0 mg
Niacin	3.3 mg NE (20.6 %*)	9.9 mg NE (61.9 %*)

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of young children. Consult your doctor or pharmacist in case of concomitant use of diabetes treatment. Not recommended for use by pregnant women, nursing mothers or persons under antidepressant treatment. Not recommended in cases of gastroduodenal ulcer, heart problems or hyperthyroidism. Contains caffeine. Not recommended for children or pregnant women (30 mg / 3 tablets).

Properties and potential applications:

Damiana (*Turnera diffusa*) supports physical and mental stamina and contributes to a good sex drive.

Maca (*Lepidium meyenii*) helps maintain natural sexual activity and energy, supports physical and mental performance and helps maintain optimal stamina, mood and vitality.

Shatavari (*Asparagus racemosus*) helps to regulate menstrual cycles, reduce climacteric-related symptoms and may help with infertility problems, maintain good comfort before and after the menstrual cycle, support male and female reproductive functions, help maintain balance in female physiology during and after the menopause and improve the body's resistance to stress.

Saffron (*Crocus sativus*) helps maintain a positive mood and comfort before and during the menstrual cycle.

Cinnamon (*Cinnamomum zeylanicum*) helps to improve mental health and physical abilities, has stimulating and tonic properties that contribute to resistance against physical and mental fatigue.

Black pepper (*Piper nigrum*) has important antioxidant properties, supports the health of the female reproductive system, helps cleanse the reproductive organs by promoting blood circulation through fine blood vessels and capillaries.

Zinc contributes to normal fertility and reproduction, to the maintenance of normal bones, hair, nails and skin, to the maintenance of normal testosterone levels and contributes to the protection of cells against oxidative damage.

Niacin contributes to normal psychological function and to the maintenance of normal skin and mucous membranes.

Panax Ginseng contributes to maintaining good cognitive performance and promotes memory, helps to promote alertness and vitality, helps counteract fatigue and help to maintain good sexual relations.

ZINC MÉDERI



Description: Food supplement based on zinc.

Directions for use / recommended dose: Take one (1) capsule a day, preferably with meals or according to professional recommendation.

Presentation: Bottle of 90 capsules of 600 mg.

Composition: Bulking agents (microcrystalline cellulose and calcium phosphate), capsule (coating agent: hydroxypropyl methylcellulose, purified water and gelling agent: Gellan gum), zinc citrate and anti-caking agent (magnesium salts of fatty acids).

Storage conditions: Store in a cool, dry place.

Ingredients	1 capsule	% NRV*
Zinc	24.9 mg	249 %

*NRV: Nutrient Reference Value for vitamins and minerals.

Warnings: Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of younger children.

Properties and possible applications: Zinc contributes to normal acid-base balance, normal cognitive function, normal DNA synthesis, normal fertility and reproduction, normal functioning of the immune system, protection of cells from oxidative damage and the process of cell division. It also contributes to normal macronutrient metabolism of fatty acids, carbohydrates, vitamin A and normal protein synthesis. In addition, it contributes to the maintenance of normal bones, hair, nails, skin, vision and normal testosterone levels under normal conditions.

It is important to follow a varied and balanced diet and a healthy lifestyle.



